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Together We Brighten  
This Community We Share



**A Healthy & Caring HEART  
is something to  
Celebrate!**

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In **December** 12 Habits 4 All of Us  
and all year round ...

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**Celebrate  
COMMUNITY,  
FAMILY  
& FRIENDS**

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Color Cue **EVER-GREEN** Health Focus **HEART HEALTHY** 12Habits4AllOfUs.org

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**Table | Desk Reminder Sign**  
Fold Tabs 1 and 2 under and tape in place.  
Display during the **12 Habits** month  
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