

WE ARE HERE
TO ADD
WHAT WE CAN TO,
NOT TO GET
WHAT WE CAN
FROM, *LIFE*.

- Sir WILLIAM OSLER



And so, my fellow **AMERICANS**,
ask not what your country
CAN DO for YOU

- ask what YOU CAN DO
for YOUR COUNTRY.



My fellow CITIZENS OF THE WORLD,
ask not what **AMERICA**
CAN DO for you,

- but WE TOGETHER WILL DO
for the **FREEDOM** of MAN.



- JOHN F. KENNEDY
35TH PRESIDENT OF THE UNITED STATES OF AMERICA



12 HABITS FOR WONDERFUL PEOPLE™

We're Turning Caring Actions into Habits... One Month at a Time™

CALL 814.779.2060

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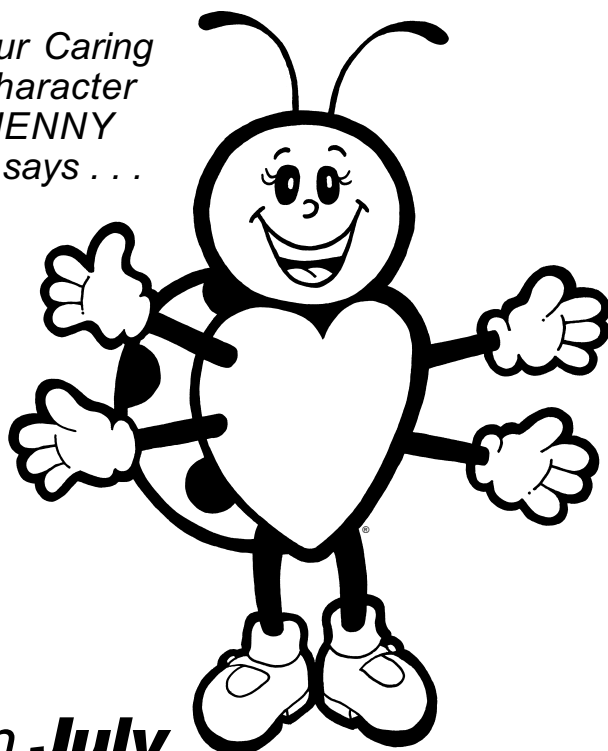
WEB WonderfulPeople.net

WonderfulPeople.net

All work is as
seed sown;
it grows and spreads,
and sows itself anew.

- THOMAS CARLYLE

Our Caring
Character
JENNY
says...



In July
"ALL JOIN IN"



Caring Color: **PATRIOT RED**
Health Focus: **HYGIENE & CLEANLINESS**



Become
INVOLVED™
in July

There are many
community groups that
need your help. Our
founding fathers made a
commitment to become
involved. Follow their
lead; give of yourself!
Use this bookmark everyday in
July to remind yourself to
"Become Involved!"

This bookmark belongs to:

PATRIOT RED

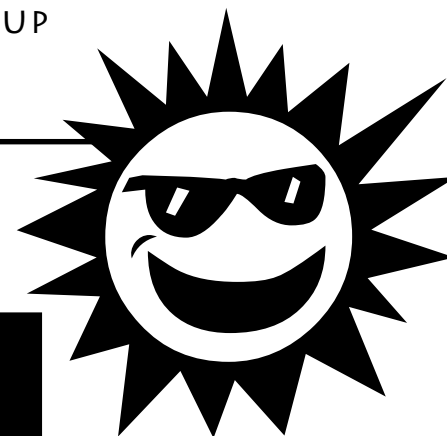
HYGIENE &
CLEANLINESS

For more information call us! 814.779.2060 or
visit WonderfulPeople.net Item# 002-jm

MY NAME

ROOM/GROUP

SUMMER FUN PLANNER



...Inside...

COOL

activities & games
for you & your family
to do together!

...

HAVE FUN!



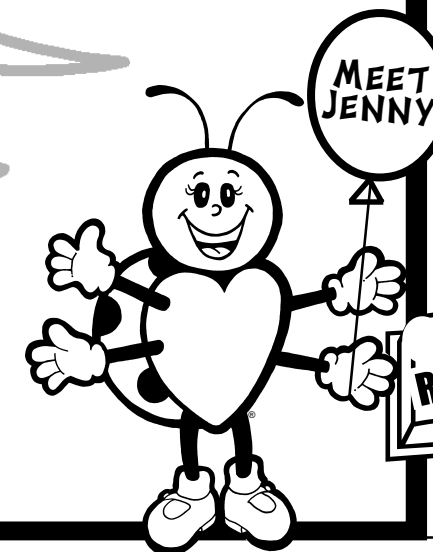
"Quotes"
to GET YOU
INVOLVED!

...

DON'T FORGET...



GOOD
BOOKS
is always
FUN!



"PATRIOT RED" < CARING COLOR · HEALTH FOCUS > "HYGIENE & CLEANLINESS"



Log on to www.WonderfulPeople.net for more fun activities to download and enjoy!

Item#001-ji-g

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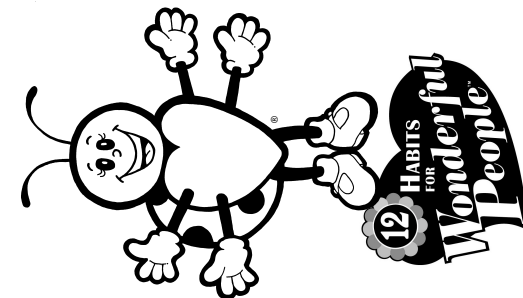


Become INVOLVED™

in JULY
and all year round

Caring Color
PATRIOT RED
Health Focus
HYGIENE & CLEANLINESS

www.WonderfulPeople.net



Jenny “**ALL JOIN IN™**”
in July
and all year long.

Use this special bookmark
everyday in the month of
July to remind yourself to
ALL JOIN IN®!

This bookmark belongs to:

Caring Color
PATRIOT RED

Health Focus
HYGIENE & CLEANLINESS

For more information call us! 814.779.2060 or
visit WonderfulPeople.net Item# 002-J-e

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In JULY
and all year round . . .



Become INVOLVED™

Health Focus: **HYGIENE & CLEANLINESS**

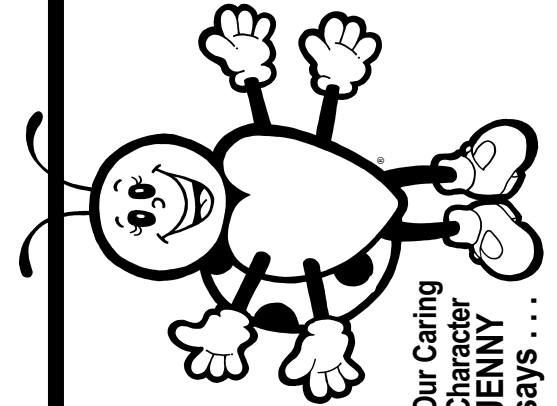
Caring Color: **PATRIOT RED**

DISPLAY KIT DIRECTIONS: *CUT along the solid lines and FOLD on the dotted lines to make your DISPLAY KIT for July. Use this area to glue tent together. You will have a 2-SIDED DOOR KNOB HANGER, ROUND BUTTON (or adhere to magnet), BOOKMARK & a 3-PANEL TABLE (or DESK) TENT!*



Become INVOLVED™

in July
and all year round!



Our Caring
Character
JENNY
says . . .

*In JULY “**ALL JOIN IN™**”*

“
*I am only one,
But still I am one
I cannot do everything,
But still I can do
something;
And because
I cannot do everything
I will not refuse
the something I can do.*
”

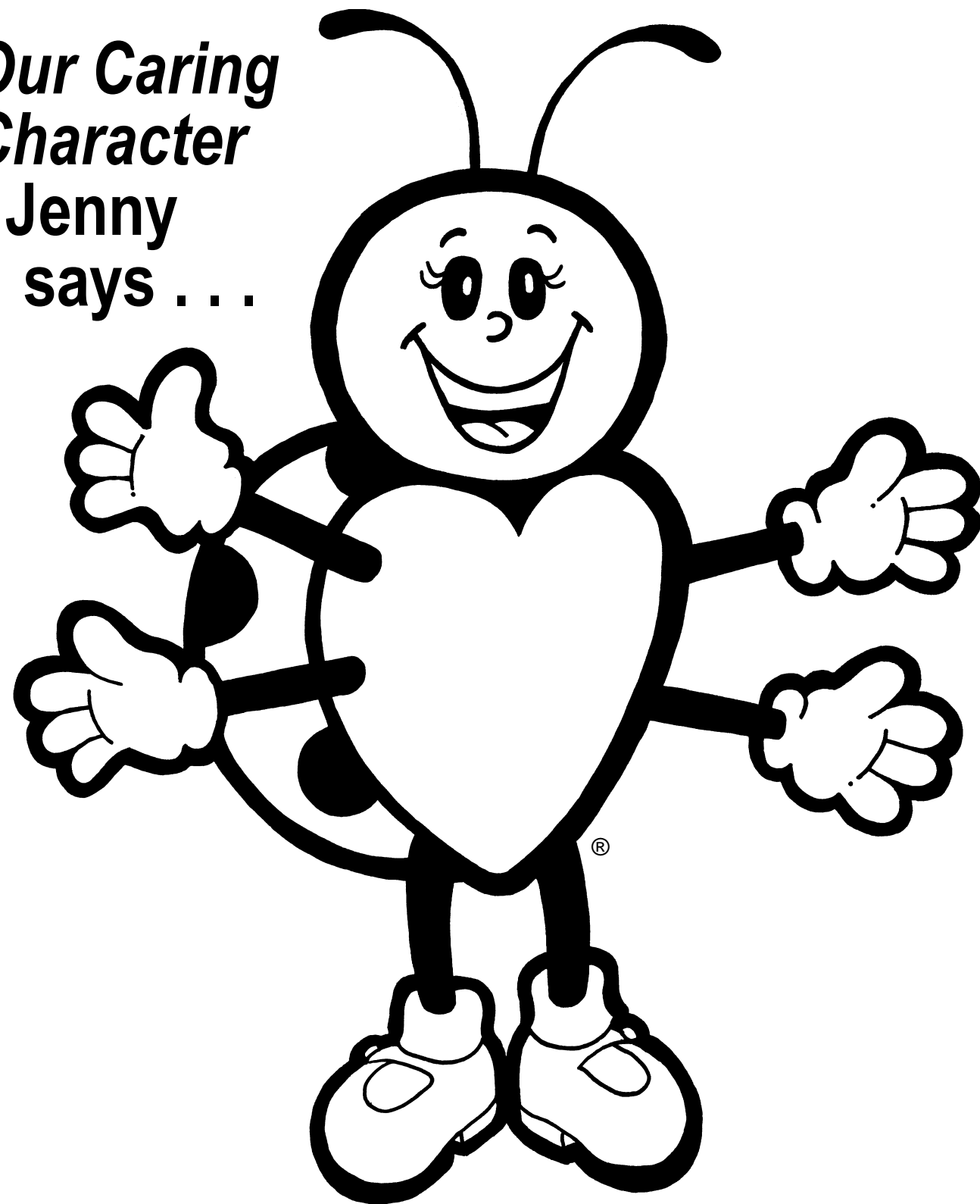
—Edward Evert Hale

www.caringhabits.org

Caring Color: **PATRIOT RED**

Health Focus: **HYGIENE & CLEANLINESS**

Our Caring
Character
Jenny
says . . .



In July “**ALL JOIN IN!**”



If you could be a “super hero,” who would you be? Why? Create your own “Caring Character.” Give ‘em a name and write a story about their adventures. **Have fun!**



You Do The Math . . .

GOALS
+ EDUCATION
SUCCESS!

GOALS

List your goals for July here.



1. I will BECOME INVOLVED! ☐
2. ☐
3. ☐
4. ☐

check off
as achieved

In **July** and all year round . . .



**Become
INVOLVED™**

There are many community groups that need your help. Our founding fathers made a commitment to become involved. Follow their lead; give of yourself!



July's Health Focus is **HYGIENE** and **CLEANLINESS** Take advantage of free time in July to clean up your surroundings. Clean your room. Help your parents wash the car. Spend extra time on personal hygiene.

July's Caring Color is
 PATRIOT RED

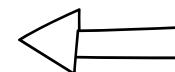
THE RIPPLE EFFECT

- AUTHOR
UNKNOWN

Drop a stone into the water
In a moment it is gone,
Yet there are a hundred ripples
Circling on and on.

Say an unkind word this moment,
In a moment it is gone,
Yet there are a hundred ripples
Circling on and on.

Say a word of cheer and splendor
In a moment it is gone,
Yet there are a hundred ripples
Circling on and on.



Clip the poster (inside front cover) and display for the month of July. Turn to inside back cover and cut your display items. “Become Involved®” and have fun too!



It's JULY,
So... **Become INVOLVED**

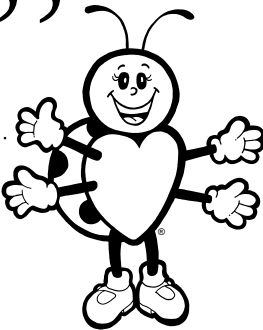
JULY	
1	List your goals for July!
2	
3	
4	Independence Day
5	
6	
7	Did you "Become Involved" this week?

“ If you are too busy to help those around you
... you're too busy! ”

- AUTHOR UNKNOWN



The books listed below are good summer reads with a "become involved" theme too. Read one or read them all.



YOUNG ADULTS - Grades 4-8

The Blossoms Meet the Vulture Lady by Betsy Byars, Bantam Doubleday Dell Books for Young Readers, 1987. The irrepressible Blossom family is back in another unforgettable adventure that could only happen to them. Junior accidentally catches himself in his own coyote trap and is rescued by a woman the kids call "Mad Mary".

Come Back, Salmon: How a Group of Dedicated Kids Adopted Pigeon Creek and Brought It Back To Life by Mollie Cone, Photographs by Sidnee Wheelwright Sierra Club Books for Children, 1992. This true story describes how the children of Jackson Elementary School in Everett, Washington took on and successfully completed the challenge to clean-up a nearby stream, stocking it with salmon and preserving a place where salmon could return to spawn.

The Disappearing Staircase Mystery created by Gertrude Chandler Warner, illustrated by Hodges Soileau A. Whitman, 200, Series: The Boxcar Children. In this addition to the popular series, the Alden children volunteer to help fix up an old house for some senior citizens.

PRIMARY READERS - Grades K-3

The Babe and I by David A. Adler, Harcourt Brace, 1999. Set in 1932 during the Great Depression, a young boy gets a dime instead of a bicycle for his birthday and learns his father is selling apples on the street. A fan of the great Babe Ruth, the boy begins selling papers outside Yankee Stadium, shouting the latest exploits of the Yankee star. Then the Babe himself buys one of his papers, making the boy aware of his own part in his family team.

Chicken Soup for Little Souls: The Braid Girl by Lisa McCourt, Health Communications, 1998. When Izzy goes with her grandmother to help at a shelter for the homeless, Izzy notices Susan, a girl about her own age, with ragged-looking braids. Izzy tries to help her with toys, food and clothes, but is hesitant to become friends, fearing she will be thought to be one of the shelter's residents. When Susan uses the colorful laces of her new shoes to make a gift for Izzy, and both girls learn a lesson in friendship and helping.

TRY THESE FUN ACTIVITIES



Brainstorm with your friends a list of people who could use cheering up and create artwork to make their day brighter.

.....

Contact your local "Meals-on-Wheels" organization and volunteer to bake cookies or make favors for their meal recipients. You could also volunteer with a local soup kitchen.



Walk down the street today and think positive thoughts about your neighbors. Is there a neighbor that needs your help?

.....

Add something better to each of your interactions today, even if it's just a smile!

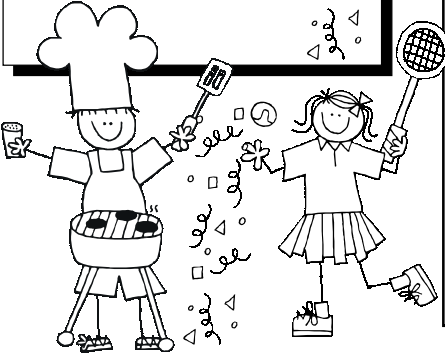


.....



WORD BANK

- ☐ Bravery
- ☐ Care
- ☐ Cooperation
- ☐ Freedom
- ☐ Kindness
- ☐ Patriotism
- ☐ Philanthropic
- ☐ Selfless
- ☐ Service
- ☐ Volunteer



U	S	T	K	S	T	T	D	S	Y	U	A	J	C	V	N	N	R	Y	F	C	J	U	H	E
Q	G	U	T	W	L	K	J	J	P	Z	X	Q	Y	O	U	R	E	K	G	R	H	F	H	F
K	Z	Y	O	Q	E	V	W	S	U	V	G	K	S	L	O	W	C	B	Y	U	O	A	M	Y
V	C	D	Y	J	L	H	E	S	W	F	X	Z	R	U	S	P	W	E	O	O	T	X	R	R
U	Z	F	Y	D	Z	F	L	J	Q	I	C	R	T	N	Q	H	E	W	C	E	I	L	D	Y
Q	Q	W	P	N	F	S	R	Y	K	S	M	J	T	T	B	I	I	R	Q	Z	E	X	H	B
Z	U	N	W	N	U	Z	Y	X	G	I	U	O	D	E	V	L	M	I	A	R	I	Q	Z	O
G	T	W	G	R	Q	Y	B	Q	G	C	Q	Q	H	E	B	A	Q	X	O	T	J	J	G	L
O	Y	O	C	O	S	A	J	W	G	W	E	S	N	R	A	N	M	L	J	N	I	C	O	N
X	H	A	K	C	I	O	Q	U	J	M	H	Q	F	R	J	T	D	F	J	Q	P	O	S	M
G	U	G	C	Z	H	G	K	S	K	I	Q	F	P	E	V	H	C	E	N	C	N	Q	N	Y
H	D	F	P	P	Q	L	E	I	Q	I	M	U	S	Y	C	R	C	J	K	R	B	I	K	H
V	C	G	J	N	A	G	Q	C	G	S	N	H	X	T	R	O	O	T	R	U	M	B	E	P
R	S	R	O	A	B	T	V	J	U	A	W	D	A	J	X	P	R	B	W	A	T	E	B	Q
N	E	H	D	K	R	O	R	Y	B	B	D	N	N	R	Z	I	K	F	L	N	Y	C	T	O
D	L	T	Q	Q	C	Z	Y	I	S	R	T	U	M	E	G	C	W	E	Y	G	B	H	I	E
Y	F	I	F	M	Q	A	N	N	O	P	Z	E	F	L	S	V	K	Z	C	Y	E	I	W	P
G	L	A	R	M	S	T	R	N	Z	T	Z	Y	N	O	Z	S	N	I	A	W	M	K	G	L
O	E	H	E	B	R	A	V	E	R	Y	I	D	E	B	O	C	Q	X	D	R	Z	B	T	R
L	S	S	E	O	Q	F	A	Y	T	V	D	S	E	R	V	I	C	E	G	D	W	F	M	W
Z	S	Q	D	Q	K	W	Z	X	A	B	W	R	M	M	O	G	Z	A	A	H	I	W	C	C
F	Z	C	O	X	V	T	X	B	Z	G	Q	G	O	I	R	X	W	L	Q	L	P	Y	U	X
D	M	D	M	X	U	Q	L	F	R	H	V	V	L	I	F	O	K	E	H	U	E	X	R	U
H	A	P	M	G	W	A	A	K	C	L	P	J	O	S	A	Z	V	B	T	F	R	F	I	X
J	C	P	A	Q	V	R	I	Q	A	C	I	C	D	M	B	R	B	E	R	C	H	X	M	M

Mid-Summer
BOREDOM
BREAKER



.....

Save your family's magazines. Offer them to hospitals, nursing homes, shut-ins or anyone else you think may enjoy them. While there, see what other volunteer work is needed and sign up to help.

.....

Make friends with a senior citizen who needs a daily visitor to brighten their day. Make a list of activities you and your senior friend can enjoy together.

.....


Work with your friends to develop a neighborhood summer camp. Have parents volunteer to supervise one day, and they'll have free babysitting on the other days!

.....



It's JULY,
So ... **Become INVOLVED™**

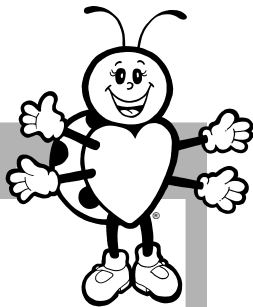
JULY
29
30
31

 Review your goals for July. How did you do? Did you "Become Involved?" How or why not?

KNOW WHO YOU ARE in August



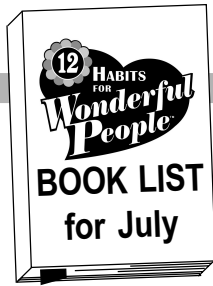
“ You must get involved to make an impact.
No one is impressed with the won-lost record
of the referee. ” - JOHN H. HOLCOMB, *The Militant Moderate*



Journal Prompts ... **My Thoughts** ...

Explain either of these quotes:

- “ The miracle is this -the more we share, the more we have.” or
“A community is like a ship; everyone should be prepared to take the helm.”



YOUNG ADULTS Grades 4-8

The Summer of Mrs. MacGregor by Betty Ren Wright, *Holiday House*, 1986. When Caroline's much admired older sister is stricken with a serious illness, her mother pays Caroline little attention. In her loneliness, Caroline meets the glamorous and mysterious "Mrs. MacGregor" who is visiting for the summer. Caroline quickly suspects that her new friend is not to be trusted in this fast-moving story.

Where Have All the Flowers Gone? The Diary of Molly Mackenzie Flaherty by Ellen Emerson White, *Scholastic*, 2002, *Series: Dear America*. Set in Boston during 1968 with a background detailing the deaths of Robert Kennedy and Martin Luther King, Jr., hippies, the civil rights and women's movements, this companion to The Journal of Patrick Seamus Flaherty, finds Patrick's teenage sister facing some hard choices. Molly has mixed feelings about the war in Vietnam, but is afraid this may be a betrayal of her brother. Volunteering at a VA Hospital against her parents wishes, Molly sees first-hand what could happen to her brother.

The Year Mom Won the Pennant by Matt Christopher, *Little, Brown*, 1968. When all the fathers of the boys on the team are unable to volunteer to be the coach, one of the mothers steps forward with surprising results.

OLDER READERS, YOUNG ADULTS & ADULTS

Increasing Neighborhood Service: Opportunities to Volunteer by Bernard Ryan, *Ferguson Publishing Co.*, 1998. This is an introduction to many different kinds of community service from animal care to health care to literacy with information about the demands and rewards of the work.

One Nation: America Remembers September 11 *Little, Brown*, 2001. Introduced by New York mayor Giuliani, this is a collection powerful and moving photographs Life magazine's editors have chosen to chronicle the events of the September 11 terrorist attacks and the aftermath, including stories of the survivors and family members of those who were lost.

ALL READERS

Join the Golden Rule Revolution* by Elaine Parke; *Illustrated by Darlene Patrick, Caring Media International*, 2001. More nourishing than chicken soup. This book is a refreshing year-round recipe of heart warming daily inspirations, poems and action tips —all organized into lively monthly themes— that transform Golden Rule Habits into happiness. See Chapter 7 – July - Become Involved for daily teacher / classroom / family reading. *WARNING! This book is habit-forming. *May cause a happier life.

HEALTH FOCUS

ADOPT A NEW CHORE to help your family keep your house tidy and clean. Help with the dishes, the laundry, vacuum, or dust. Every little bit helps to keep your home clean and you and your family healthy!



... **MY THOUGHTS** ...
See Journal writing ideas around this page.

How do you "Become Involved" at home? In School? In your community?

Journal Prompts: Read a book from the book list and share your thoughts about it here.

What does "Becoming Involved" truly mean to you?

It is by Believing, Hoping, Loving and Doing
that one finds Joy and Peace.

- JOHN LANCASTER SPALDING

BECOME INVOLVED®
WORDS -2- LEARN
DICTIONARY FUN

Divide the Character Education Words listed below into syllables.

Activism	Ac tiv ism	Cooperation
Kindness		Participation
Philanthropic		Volunteer

Log on and check your answers! www.caringhabits.org

“ We work to become, not to acquire. ”
- ELBERT HUBBARD

FUN ACTIVITIES TO BECOME INVOLVED IN!

JULY	
8	
9	
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11	
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13	
14	

Spend time looking through the newspaper for community projects. Volunteer to help with a project of your choosing.



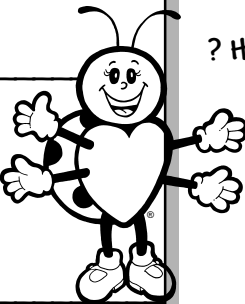
Organize a neighborhood block party! Invite neighbors to get out their grills and bring a covered dish to share with their neighbors. Suggest every home on the block plan one game or activity booth (pop balloons with darts, dime toss into glasses no longer wanted, etc.). Donate all money raised to the community library or another worthwhile organization.

Set up a lemonade stand with some friends. Donate the profits to a community organization such as the Humane Society, the library, etc.

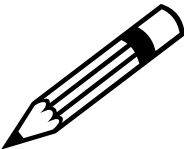


Spend a few minutes reflecting on how you will make a caring difference!

... MY THOUGHTS ...



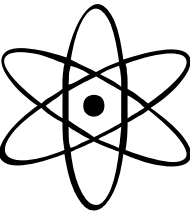
- ? What are some of your excuses for not "Becoming Involved?"
- ? How do you feel when you "Become Involved?" Explain.
- ? What may have happened if our forefathers had not "Become Involved" in the pursuit of freedom and liberty?



Only 17 more days to "Become Involved."

HEALTH FOCUS

Clean up your room!
Donate outgrown clothing to relatives, a neighbor, or the Goodwill. Find a new home for old toys you no longer enjoy. Dust and vacuum your room with your parents help.



SCIENCE EXPERIMENT

MAKE INDOOR FIREWORKS!

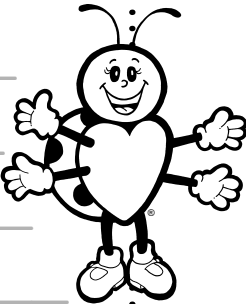
Buy a pack of "wint-o-green" lifesavers for each member of the group. Pile into a closet and close the door. Chew lifesavers (with your mouth open) and watch the sparks fly! You are watching what is called "triboluminescence."

BECOME INVOLVED®
CHOOSE A WORD-2-LEARN

Choose a Word-To-Learn from the Alphabetizing Quiz on the previous page (bottom of right page). Look up the definition and write it in the space below. Draw a picture to illustrate the Word-To-Learn.

WORD-TO-LEARN: _____

Definition: _____



MY THOUGHTS

Journal Prompts:
Write a story, rap song, or poem using the Words-To-Learn.
What kind of "charity" do you have in your heart today? Why?
List your "Top 5" ways to "Become Involved."

It's JULY,
So . . . **Become INVOLVED**

JULY	
22	
23	
24	
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27	
28	SO PROUD OF YOU!

“ We should all be concerned about the future because we will have to spend the rest of our lives there. ”

- CHARLES F. KETTERING, "Seed for Thought"



22



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It's JULY,
So... **Become INVOLVED**


“ Turn off the TV, turn off the CD, turn off the PC, and do something for your family, for your community, for yourself. ”
- CHA updated quote from MICKEY DOLENZ, American Singer-Actor, The Monkees, I'm a Believer

JULY	
15	Wear PATRIOT RED today.
16	
17	
18	
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21	Are you "Involving Others" too?



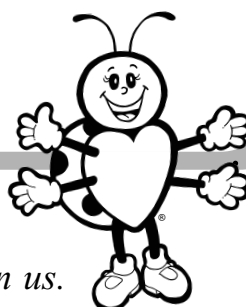
JOURNAL PROMPTS

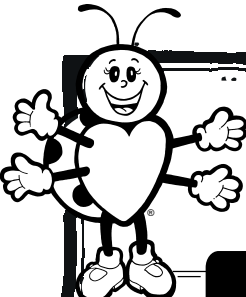
- Explain in a few short paragraphs how "Becoming Involved" resulted in something positive.
- What could become of hunger and poverty if we all focused on "making a difference" more than "making more money?" Why?
- If you could find a way to help any organization in the world, what would you choose and why?



MY THOUGHTS . . .

“What lies before us and what lies behind us are small matters compared to what lies within us. And when we bring what is within out into the world, miracles happen.”
- HENRY DAVID THOREAU






HEALTH FOCUS

BECOME INVOLVED MATH RELAY

Create a game or puzzle for younger children to learn about keeping clean. Use the personal care list you developed last week for ideas. The Caring Habit team would love to see your creations! Ask an adult to help you send a copy to us at the address listed on the back of this unplanner.



START

2+2	7-8	5x1
1+3	8/4	10-8
7-4	20-18	2x2
9-8	9-6	10/5

END

go back to start!

go back 3

go back to start

LOTS of FUN

HOW TO PLAY:


1. Find something small to use as a game piece. Examples include coins, small rocks, pieces of colored paper.
2. If you have a game die, use that to roll and find out how many spaces to move on your first turn. If you don't have a die, cut slips of paper, number them from 1-6, and draw one for your first move.
3. When you land on a square, complete the math problem and advance that number of spaces during your turn.
4. The player to advance to the end first wins the game! Keep playing until everyone solves enough math problems to advance to the finish line!

BECOME INVOLVED®
WORDS -2- LEARN
ALPHABETIZING QUIZ

Using numbers, arrange the words below in alphabetical order.

___ Volunteer	___ Philanthropic	___ Benevolence
___ Care	___ Freedom	___ Service
___ 1 Activism	___ Bravery	___ Altruism
___ Unselfish	___ Patriotism	___ Involved

Log on and check all your answers at WonderfulPeople.net



BOOK LIST for July

YOUNG ADULTS
Grades 4-8

Helping Hands: How Families Can Reach Out to Their Community
by Richard Mintzer, Chelsea House, 2003, Series: Focus on Family Matters

Using real-life examples, this book shows how young people and their families can make a difference by volunteering to help others in times of tragedies or to improve their communities.

How Can You Help? : Creative Volunteer Projects for Kids Who Care
by Linda Schwartz, Learning Works, 1994. This illustrated book is filled with more than 100 volunteer projects for pre-teens.

In Good Hands: Behind the Scenes at a Center for Orphaned and Injured Birds
by Stephen R. Swinburne, Sierra Club Books for Children, 1998. At the Vermont Raptor Center orphaned and injured birds of prey ranging from eagles to owls are returned to health and, when possible, released into the wild. Sixteen-year-old Hannah gives a behind-the-scenes look at the workings of the Center, including some of the not-so-happy endings.

Kids Volunteering Book by Arlene Erlbach, Lerner Publications, 1998. A wide variety of twelve volunteer opportunities for young people are shown in this well-organized book that profiles some of the youngsters that volunteer. Both local and national examples are used, from clowning to landscaping.

PRIMARY READERS - Grades K-3

Rainbow Fish and the Sea Monster's Cave
by Marcus Pfister, North-South Books, 2001. When a sick friend needs some special algae, Rainbow Fish and a companion brave the monster's cave to get it.

The Red Cross by Jill C. Wheeler, Abdo Publications, 2003, Series: Everyday Heroes. This brief beginner book traces the beginnings and history of the American Red Cross, its fundamental principles and some of its activities here and in Canada.

