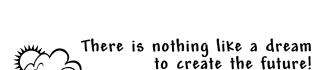
- IVERN RE



If you are not riding the wave of change you'll find yourself underneath it.

Don't try to change the wind –change the sails.

- PATTI LaBEL

Life gets better when we work together...one month at a time!

12 Habits for WONDERFUL PEOPLE™

Call: 814-779-2060

E:mail: elaine_parke@yahoo.com Website: www.WonderfulPeople.net



www.WonderfulPeople.net



Each day the world is born anew for him who takes it rightly.

-JAMES RUSSEL LOWELL







MPROVE YOUR HEALTH

Caring Color:

J-O-L-T ORANGE

out of school. What's your excuse? Ride a bike, learn a new sport, explore the area's history. Do something different! Use this bookmark everyday to remind yourself to
"Be Adventurous!"

This bookmark belongs to:

Caing J-O-L-T ORANGE

Caing J-O-L-T ORANGE

Caing MPROVE YOUR HEALTH

Focus MPROVE YOUR HEALTH





MY NAME ROOM/GROUP

MY SUMMER FUN BOOKLET



Share Your Actions | Stories | Photos | Videos

at www.WonderfulPeople.net WORKS!





Health Focus IMPROVE YOUR HEALTH Caring Color J-O-L-T ORANGE

Share Your Actions | Stories | Photos | Videos at WonderfulPeople.net WORKS!





Health Focus: IMPROVE YOUR HEALTH

Caring Color: J-O-L-T ORANGE

Our Caring Characte says MAGIC

have reached the

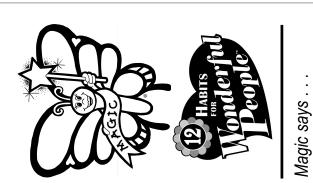
then you shall begin mountain top, your journey.

Health Focus: IMPROVE YOUR HEALTH

Caring Color: J-O-L-T ORANGE

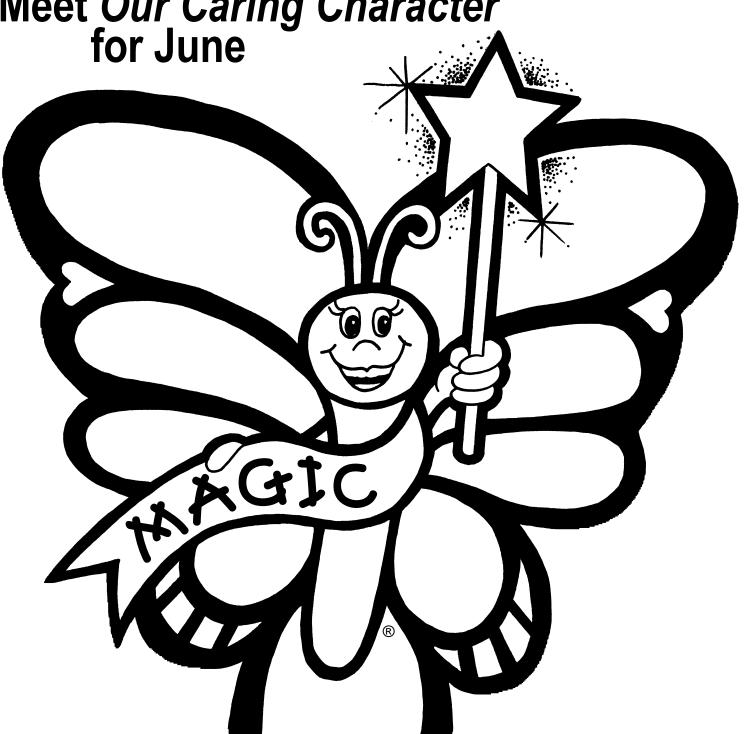
ISPLAY KIT DIRECTIONS: CUT along the solid lines and FOLD on the dotted lines to make your DISPLAY KIT for June. Use this area to glue tent

together. You will have a 2-SIDED DOOR KNOB HANGER, ROUND BUTTON (or adhere to magnet), BOOKMARK & a 3-PANEL TABLE (or DESK) TENT!



ath IMPROVE YOUR HEALT
See DISEASE PREVENTION ORANGE

Meet Our Caring Character

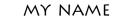


Magic says...

MAKE A WISH!



If you could be a "super hero," who would you be? Why? Create your own "Caring Character." Give 'em a name and write a story about their adventures. Have fun!



O^BsTaCLeS

are those frightful things you see when you take your eyes off your goal.

GOALS

List your goals for June here.	
	check off as achieved
1. I will BE ADVENTUROUS!	
2	
3	
4.	

ADVENTUROUS!,

ROOM/GROUP

in **June** and all year-rour

Hopefully the weather is warmer. You are almost out of school. What's your excuse? Ride a bike. Learn a new sport. Explore the area's history. -Do something different!



June's Health Focus is IMPROVE YOUR **HEALTH Add new fresh fruits and vegetables** to your menu. Walk instead of ride. Get out in the great outdoors!

June's Caring Color is J-O-L-T ORANGE

How To...

BE ADVENTUROUS! 1. As you set out for new horizons, let a spirit of adventure light your way. 2. Keep following your brightest dreams, your highest hopes, wherever they may lead.

3. Take pleasure in discovering the special joys and triumphs each day holds. BELIEVE IN YOURSELF!



Clip the poster (inside front cover) and display for the month of June. Turn to inside back cover and cut your Display items. "Be Adventurous" and have fun too!



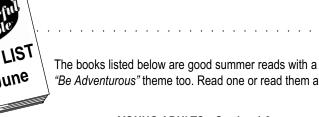
It's JUNE,	
Be <i>Adven</i>	TUROUS

AUVENTO	
JUNE List your goals for June! 1	
2	
3	
4	
5	
6	
7	

Were you Adventurous this week?

No Problem is too big to run away from!

- CHARLES M. SCHULTZ



"Be Adventurous" theme too. Read one or read them all.

YOUNG ADULTS - Grades 4-8

Alanna: The First Adventure by Tamora Pierce, Atheneum Books for Young People, 1983. This Song of the Lioness Series book has Alanna disguised as her brother to become a page in the royal court. Against impossible odds, she achieves her goal and begins a great adventure.

Angry Waters by Walt Morey, Blue Heron, 1990, Series: Walt Morey Adventure Library. After his conviction, 15 year-old Dan is paroled to a dairy farm where he grows confidence and develops the strength to resist the influence of his previous life.

Bandit's Moon by Sid Fleischman, Greenwillow Books, 1998. A great adventure and great fun written about a 12-year-old girl and her brother who escape the brutal woman they have been with.

Bartlett and the Ice Voyage by Odo Hirsch, Bloomsbury Children's Books, 2003. In this funny adventure, both Bartlett and the queen will learn the dangers of getting what you wish.

PRIMARY READERS - Grades K-3

Armadillo Rodeo by Jan Brett, Putnam's, 1995. This award winning author-illustrator takes an armadillo eye-view of the American West, producing one hilarious mix-up after another.

Arthur Babysits by Marc Brown, Little, Brown, 1992. Arthur agrees to babysit for the Tribble Twins, who quickly take over, all the while giving the reader a lot of good laughs.

The Chicken Cat by Stephanie Simpson McLellan, Fitzhenry & Whiteside, 2000. A story of a kitten and chicken who do not thrive until they each receive help from the other.

Try your hand (or toes) at these fun activities!

Have a picture drawing extravaganza . . . the twist is that everyone will draw with their toes!

Plan an "all finger" meal. The rule is that no one may use silverware. Every member of the group should think of one food to serve. This is fun if everyone can stop laughing long enough to eat!



.

Try your hand at finger painting with shaving cream on colored construction paper. Shaving cream is also great in the bath tub. Younger children can draw pictures on the wall or themselves with the cream. FIRST, because of allergies and expense, ask mom or dad!

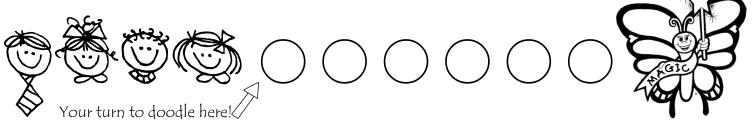
Have a hat decorating contest. Every member of the group is challenged to design a hat out of anything - but they must be able to wear it. Have a fashion show and each person wins for participating. Be sure to take photos.





SEEK & FIND FOR JUNE

BOGARBZSTKLANISAREYDE RSATEJYMNIXFKCSSENBVC J I M P R O V E Y O U R H E A L T H I X A BNRENTREPRENEURISMODO USHSDZTRWQGIASJKLRVJL ■ ADVENTUROUS IPRWXTSJBVKLRTWSYERET ■ BOLDNESS DIGHDWQRULJYPUETNECKO □ CARING HABIT TRISKTAKINGWSVHTFRHSR ☐ CREATIVITY MAYPSSRJLOERAYURJSYSA GTRWNMOEYQZXRRSIMETEN ■ ENERGY RINITIATIVEVOPEMFVSNG ■ ENTERPRISE BOGARBZSTKLUNISAREYDE ■ ENTREPRENEURISM YNPEWDFGYTSLXZWGORILH ☐ HEALTH FOCUS NITYJHDARUFJKLTIYASOD RYGRENECTSICBAENRNJBG ☐ IMAGINATION V E M O S E R U T N E V F A T C H G T ☐ IMPROVE YOUR HEALTH EDRAEMIHGTYTIVITAERCO ■ INITIATIVE LCSXRLKYWZSQABRIPODJG ☐ INSPIRATION ORFSUCOFHTLAEHTOKLYSD ☐ JOLT ORANGE TEWHEJRUAYNMJKLNWQZRF SERUTNEVDATIBAHGNIRAC ☐ JUNE DSTOORDESSVAYKJLOMIUS PERSEVERANCE RWERRAILJUKNSVRWJLSEM ☐ RISK-TAKING OLVRTOSKOLJHGERIOSTRW ☐ VENTURESOME WQXEGHRIDBRIOSTKLWJPA RSATEJYMNIXFKCSSENBVC ■ WORDS TO LEARN BOGARBZSTKLANISAREYDE YNPEWDFGYTRLXZWGORILH





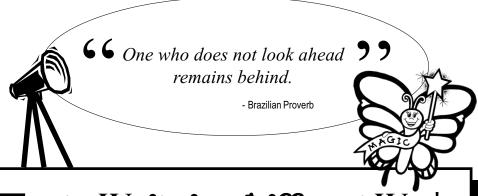
JUNE

29

30

Review your goals for June. How did you do?
Were you adventurous?





Try to Write in a Different Way!

way in the space below. Now reverse it! The sequence of the letters must be in reverse too. Symetrical letters such as A, H, M, or W are unaffected, but you are forced to look at asymmetrical letters such as B, R, S or Z in a whole new light. Use a mirror to check how well you did! Try writing a sentence or two in reverse.



YOUNG ADULTS Grades 4-8

Jennifer Murdley's Toad by Bruce Coville, Pocket, 1992, Series: A Magic Shop Book. When Jennifer stumbles across Mr. Elvies Magic Shop, she purchases a talking toad and begins a series of adventures where she learns her true worth.

Join the Golden Rule Revolution* by Elaine Parke; Illustrated by Darlene Patrick, Caring Media International, 2001, More nourishing than chicken soup. This book is a refreshing year-round recipe of heart warming daily inspirations, poems and action tips —all organized into lively monthly themes— that transform Golden Rule Habits into happiness. See June —Jump Out of a Rut section for daily teacher / classroom / family reading. *WARNING! This book is habit-forming. *May cause a happier life.

The Man With the Silver Oar *by Robin Moore, HarperCollins, 2002* Based partly on real events, the book contains enough adventure for the most demanding reader.

The Stinky Cheese Man and Other Fairly Stupid Tales by Jon Scieszka and Lane Smith, Viking, 1992. Traditional tales will never be the same after this wild, wacky and riotous re-telling of fairy tales, complete with commentary by narrator Jack.

Tucket's Ride by Gary Paulsen, Delacorte Press, 1997. 15 year old Francis Tucket is traveling west in search of his parents who followed the Oregon Trail and may have settled there. This short, exciting book will leave readers wanting more. Francis' adventures began in Mr. Tucket, and Call Me Mr. Tucket, continues in Tucket's Gold and concludes with Tucket's Home.

Walking the Bridge of Your Nose selected by Michael Rosen, Kingfisher, 1999. This wonderful collection of silly poems, riddles, tongue twisters, puns and other nonsense will be read, enjoyed and repeated again and again.

Your Mother Was a Neanderthal by Jon Scieszka, Viking, 1993, Series: Time Warp Trio. Sam, Joe and Fred have landed in 40,000 BC, without "The Book" and minus their clothes! Filled with wacky mayhem, this fast and funny addition to the series is sure to be a favorite.



ADVENTURE TRAIL MIX RECIPE

JOURNAL PROMPTS

MY THOUGHTS..

Read a book from the list and share your thoughts about it here.

Who can best help you "Be Adventurous?" Explain why. What does progress mean to you? How do you define success? How can you "Be Adventurous" today.

Share your feelings in this space in the form of a drawing, poem, short story or song. HAVE FUN!





There is nothing worse that DOer with nothing T	n being a ODO!
\mathcal{J}	-Elizabeth Layton

BE ADVENTUROUS®	Using numbers, arrange the words below in alphabetical order.		
WORDS-2-LEARN	1 Boldness	Perseverance	Stamina
ALPHABETIZING QUIZ	Creativity	Initiative	Energy
	Enterprise	Inspiration	Entreprenurism
	Imagination	Venturesome	Risk Taking
	I no on and check yo	ur answers! www.caringhabi	its ora

Log on and check your answers! www.caringhabits.org

It's JUNE, So	
BE	NTUROUS
ДЏУ	M 1 Q

66	To accomplish great things,	
	we must dream as well as act.	7 7
	- ANATOLE FRANCE, French Novelist, Po	et, Critic

S!

ADVENTUROUS	YOU'LL JUMP AT TH	ESE FUN ACTIVITIES!
JUNE 8	Write special encouraging notes and discover –in a lunchbag, backpack, poc Try a new physical activity this week –climb a tree, learn to jump	
9	rope what else will you discover? Learn something new. Do or find information on the	your dad, grandfather, uncle or an important male in your life. o some reasearch using an encyclopedia Internet. Perhaps learning to use the ou want to conquer this month.
10	MY THO	·
11	Read a book from the booklist and What are your answers to happiness?	l share your thoughts here. 🎤 What inspires you? Why? 🖋
12		
13		
14		



Try this Breakfast Wake-Up Shake and . . . "BE ADVENTUROUS!"

Blend: 1 Banana

- 1 chopped Apple
- 1 cup Orange Juice 1/2 cup Vanilla Yogurt
- 3 tablespoons Honey

Pour, drink and start your day with a nutritious breakfast!

MY THOUGHTS

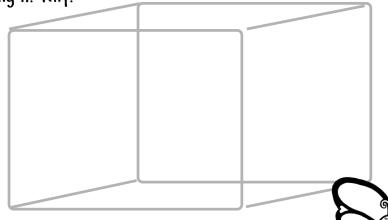
Journal Prompts:

Read a book from the list and reflect on it. Write the directions on "How to be adventurous." Write a story, rap, song or poem using the Words-2-Learn.

TRY THIS FOUON Science experiment!



fill a bowl with warm water. Set the bowl on a table or flat surface and out of the way. Very carefully put an ice cube into the water. Now watch as the ice cube will soon flip over by itself. It will do this a number of times without anyone touching it. Why?



Flip this page over and hold up to a mirror to find the explanation!

becomes smaller, and smaller the same process repeats itself, and the ice cube heavier, so the top falls and the ice turns over, then the bottom side melts quickly and makes the top half Explanation: As the ice cube floats in the warm water,

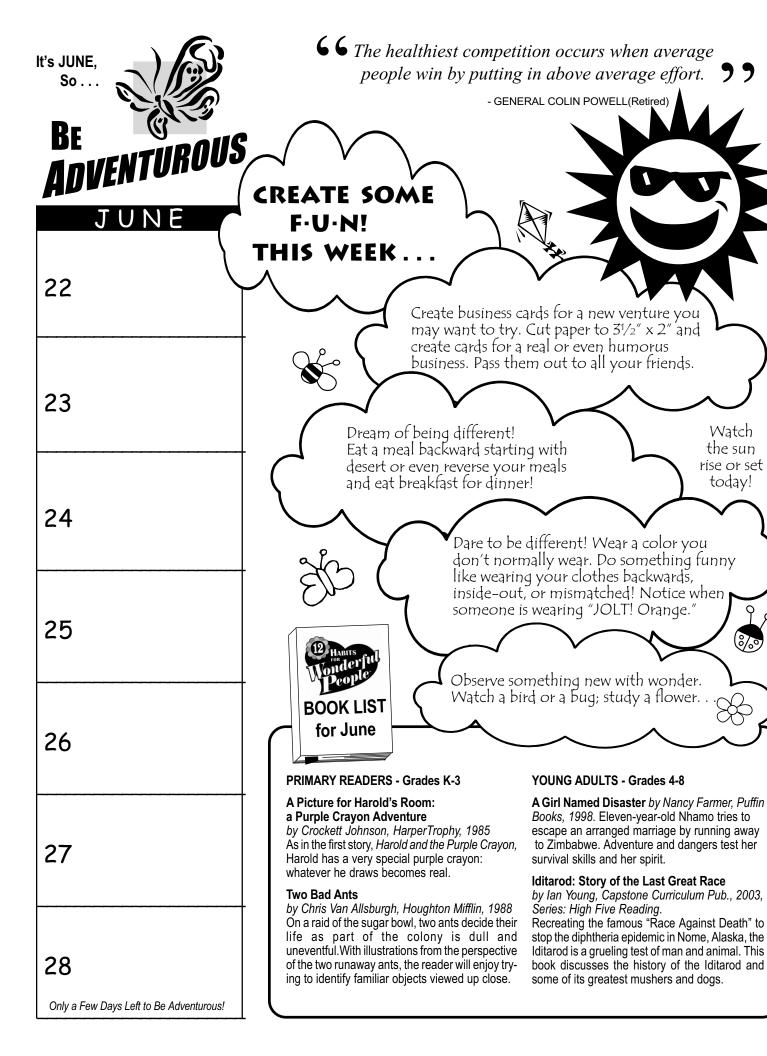
BE ADVENTUROUS®



Going across, three out of the four words in each row belong together. Cross out the word that doesn't belong.

muscle	power	vigor	weakness
liveliness	enthusiasm	dull	drive
stupidity	imagination	creativity	skill
daring	cautious	inventive	bold





HEALTH F⇔CUS

IMPROVE YOUR HEALTH

In the month of June focus on improving your health by getting out of unhealthy habits, improving your nutrition and getting plenty of rest and exercise. Talk with your family and friends to develop a plan to improve your health this month. *Be Adventurous!*



□ boldness

creativity

enterprise

■ imagination

☐ initiative

☐ inspiration

☐ risk taking

perseverance

venturesome

entrepreneurism

energy

A STORY FOR JUNE ...

the month to "BE ADVENTUROUS!©"

Fill in the blanks with words from the bank at right. Then read the completed story, perhaps to a new friend!

With a little c	we can	plan a summer full o	of fun for all of u	s. Are
you planning any trips	this summer? Tr	ips don't have to be	very far and the	ey are
always fun, no matter	where we go or f	or how long. Someti	mes we can tak	ce trips
without really going ar	າywhere. By usinເ	g our i	we can pret	tend we
are somewhere else. \				
v an	d pretend we are	mountain climbing in	n a far away co	untry.
There are many ways	to get out of a ru	t.		
Sometimes we nee	d some i	, somethir	ng to get us mo	tivated.
With a little b	, we can t	ry something very di	fficult and with	
p we	can accomplish	anything we want to	. We can chang	ge some
old habits, get out of a	rut and replace t	them with new and b	etter habits.	
We may want to try	to make a little n	noney this summer.	With a little	
e	and i	we can use o	ur e	_ and
help a neighbor do a p	project or cut their	grass. We could ea	rn quite a bit of	money.
It may involve a little r			more interesting	g. You
could end up with you	r own little e	·		
Well, whatever you	r plans for the sur	mmer may be, pleas	e don't	

forget about the 12 Habits for Wonderful People. Enjoy your time off, have fun,

GOOD BOOKS
is always
FUN!

and enjoy yourself!

YOUNG ADULTS - Grades 4-8

Beyond the Western Sea, Book I, The Escape from Home by Avi, Avon, 1996. Three teens escape to Liverpool where they hope to find a ship leading to America. Their adventures continue in Book II, Lord Kirkle's Monkey, a fast and furious read, which leaves you anxious for the release of Book III.

Black and White by David Macaulay, Houghton, Mifflin, 1990. Is this award-winning book four separate stories? Or is it one story with overlapping events? Intriguing puzzles, each double-page spread shows four separate and seemingly (at first) unrelated events.

The Black Stallion by Walter Farley, Random House, 1998. Readers will avidly follow the adventures of Alec Ramsey, shipwrecked on a deserted island with only a wild, killer stallion for companionship.

PRIMARY READERS - Grades K-3

Click, Clack, Moo: Cows That Type by Doreen Cronin, Simon & Schuster Books for Young Readers, 2000.

The barnyard is turned upside down when the cows find an old typewriter and begin sending messages to Farmer Brown. Illustrations add to the humor in this Caldecott Honor book. Equally funny sequel, Giggle, Giggle, Quack.

Daisy Comes Home by Jan Brett, G.P. Putnam's Sons, 2002. Mei Mei has the happiest hens in all of China, but one, Daisy, decides to leave in a basket and float away down the Li River. After many adventures and near disasters, Mei Mei and Daisy are re-united and Daisy shows she can hold her own with the other hens.







nd reflect on it here. I u use your talents to "

Adventurous. How

Be

೨

Journal Prompts:

Be curious always!
For knowledge will not acquire you;
you must acquire it. **9 9**

- SUDIE BACK



JUNE

15

Wear JOLT! ORANGE today.

16

17

18

19

20

"Where there is an open mind. There will always be a frontier.

21

Are your " adventure" skills improving?

HEALTH FÖCUS Pick a day and walk EVERYWHERE with someone in your family...

From sun up to sun down, the only form of transportation you will use is **YOUR**.

From sun up to sun down, the only form of transportation you will use is **YOUR FEET!** Visit a store or place that is about a mile away. As you are walking, notice the grass, the birds, fellow walkers and appreciate the fresh air. **Doesn't it feel great to "feel great!"**

BE ADVENTUROUS® MATH STUMPERS

The whole class seemed to be getting into a rut, so the "Adventurous" teacher decided to divide the class into four sections. Each section gave the teacher and idea of something they wanted to do. If there were twenty-eight students in the room and two of the sections agree to go on a field trip, how many students wanted to get out of a rut and go on a trip? ______ students. If one group wanted to go to the park, how many students wanted to go to the park? _____ students.

To be adventurous you decide to go to the candy store to buy your favorite candy. The candy you like best cost thirty cents a pound. If you had one dollar and fifty cents and spent it all on candy you liked, how many pounds of candy would you get? _____ pounds of candy.

I decided to go for a drive to be adventurous and drove to my brother's house to visit. If he lived one hundred twenty miles away and I drove sixty miles an hour, how long would it take me to arrive at my brother's house?

TRY THIS FOR A LITTLE FUNI

Ask a friend to think of a number. Tell them to double it, then add 4, multiply the result by 5, add 12, multiply this result by 10. Tell them to give you their answer. When you have the answer, subtract 320, strike out the last two digits. You'll be left with the same number they started with. Tell them their original number and watch the surprise!

BOOK LIST for June

YOUNG ADULTS
Grades 4-8

By Truck to the North: My Arctic Adventure by Andy Trumbull, Annick Press, 1999.

Recorded adventures of an 18-wheel truck-driver that delivers goods to small Arctic villages, this book is filled with details of his often dangerous experiences, and is a great book for most everyone.

Bunnicula: A Rabbit-tale of Mystery by Deborah & James Howe, Atheneum Books for Young Readers, 1979. Much of this book's fun is in the pets' commentary on their family who are totally unaware of the actions among the animals.

Castle in the Attic by Elizabeth Winthrop, Holiday House, 1985. In this special fantasy, William is upset when his family's housekeeper decides to return to England. Her final gift to him is a large toy castle stored in the family attic. Also enjoy the sequel, *The Battle for the Castle*.

Dogstar by Beverley Wood, Polestar, 1997. This time-travel adventure has something for everyone, but especially dog lovers!

Ghost Canoe by Will Hobbs, Morrow Junior Books, 1997. Mix mystery, murder, shipwreck, Spanish treasure, eccentric characters and you have the makings of an exciting adventure.

PRIMARY READERS - Grades K-3

Jumanji by Chris Van Allsburg, Houghton Mifflin Co., 1981. In this Caldecott winner, two bored children find a magical board game that takes them on an exciting and dangerous adventure.

Madeline in London by Ludwig Bemelmens, Viking, 1989. When a friend moves to London, Madeline and the others girls from the Paris school go for a visit including several adventures with a horse. Everything ends perfectly when the horse returns home with the girls.

Night Flight: Charles Lindbergh's Incredible Adventure by Sydelle Kramer, Non-fiction Series: All Aboard Reading. This easy-to-read book captures the drama and adventure of Lindbergh's nonstop flight across the Atlantic. Illustrations, maps and historic photos add to the story.

BE ADVENTUROUS®



Synonyms are words that have the same or nearly the same meaning. Going across -there are two pairs of synonyms in each row. Circle one pair and box the other.

unconcern	vigor	enthusiasm	indifference
cowardly	unafraid	fearful	fearless
imagination	awkward	unskilled	creativeness
discourage	encourage	dishearten	inspire

- CHARLES F. KETTERING