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Together We Brighten
This Community We Share



REDUCE stress

1...2...3...4...5...6...7...8...9...10

count to

...pause...

BE POSITIVE

1

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This Community We Share



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1...2...3...4...5...6...7...8...9...10

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...pause...

BE POSITIVE

In **November** **12 Habits 4 All of Us**
and all year round ...

Show a
Positive
ATTITUDE™



Color Cue **SUNNY YELLOW** Health Focus **REDUCE STRESS** 12Habits4AllOfUs.org

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Color Cue **SUNNY YELLOW** Health Focus **REDUCE STRESS** 12Habits4AllOfUs.org



Table | Desk Reminder Sign
Fold Tabs 1 and 2 under and tape in place.
Display during the **12 Habits** month
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