

**JANUARY**  
*Help Others*

**FEBRUARY**  
*You Count*

**MARCH**  
*Resolve Conflicts*

**APRIL**  
*Take Care of Our Environment*

**MAY**  
*Be Grateful*

**JUNE**  
*Reach Higher*

**JULY**  
*Become Involved*

**AUGUST**  
*Know Who You Are*

**SEPTEMBER**  
*Do Your Best*

**OCTOBER**  
*Be Patient and Listen*

**NOVEMBER**  
*Show a Positive Attitude*

**DECEMBER**  
*Celebrate Community, Family & Friends*

# Statistical Summary of Documented Results of 12 Unity Habits System

## Measured Community Survey Results:

(1993) University of Pennsylvania, County-wide study Somerset, PA, 30,000 persons.

- Specific **improved behavior reported by 39%** of the (aware) community citizens out of 30,000
- Contributed to a **10% decline in the number of criminal case dockets** after a 12-year period of rising court statistics.
- Resulted in a **72% reported improvement in positive community connectedness and improved climate.**

## Representative Comments from Surveys

"Very worthwhile - brings parents, children and others together into better relationships."

"A community-based program designed to improve morale of community and to bring people together. Gets away from stressing the bad things all the time."

"A group of people who have gotten together to encourage community togetherness."

## Measured School Survey Results:

(2000-2003) 14,000 students, (35 schools and 27 after-schools)

**Dr. Edmund M. Ricci, PhD, - Dept. Chairman,  
University of Pittsburgh Graduate School of Public Health...**

***"The number of honor roll students appears to be increasing in the 12 Habits schools while indicators of disciplinary actions are declining."***

- 18.5%** increase in school honor rolls
- 22.5%** decrease in student detentions
- 85%** reported more caring respectful behaviors
- 62.5%** reported working harder in school
- 51%** reported completing homework more often
- 54.5%** have learned to set positive goals and achieve them
- 61%** have done "something nice" for someone at home or at school



## Highmark Blue Cross Blue Shield – Intensive Pilot School Results (1998-2000)

Pennsylvania State Standard School Performance (PSSA)

- Science scores increased one year and nine months
- Math scores increased one year and six months
- Student honor rolls increased 39%

## Representative Comments from Surveys

"I am now nice to the people I used to be mean to. This is COOL. I might even get better grades."

"Kids do much better and keeps their minds off trouble."

"It's trying to tell us not to do stuff before we do it."

"Gets bad people and turn them into good people like the rest of the school."

"I don't have such an attitude anymore with anyone unless they make me angry."

"I act nicer, resolve conflicts in having a bad attitude with everybody, even teachers."

"These are good habits to change your bad ones."