

COLOR CUE
"SLOW-DOWN
LAVENDER"

IDEA BOOK

HEALTH FOCUS
"SAFETY"



in Partnership
with

**BOYS & GIRLS CLUB
OF THE EASTERN PANHANDLE**



**PATIENCE BUILDING &
FUN LISTENING SKILLS
Activities Inside**

BE Patient and



Listen™

IN OCTOBER



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Wonderful People are saying . . .

"You don't learn anything while you are talking. Be Patient and Listen."

WonderfulPeople.net WORKS!



“BE PATIENT & LISTEN”

OCTOBER
WELCOME

This is . . . the month of October, the school year is well underway and already there is much need for patience. June is just toooooo far away !!

Two of the most difficult behaviors for students are patience and listening. October is a good month to try to encourage doing BOTH — more often. Patience helps students to better think things through. They learn to listen. Your effort to instill these qualities is rewarded with improved academic performance. Developing patience and listening skills takes drill and practice — but the end results are always worth it.

At some point, every student needs your own undivided attention. This month, take a few minutes of time each week for every member of your classroom. It’s a nice habit to get into! Your time will be rewarded with an improved classroom atmosphere and up-lifted student self esteem.

The health focus for October is on SAFETY.

The Goal for the Month : To teach patience and listening by giving each member of your classroom your patience and your undivided attention whenever possible.

There are many ways to emphasize the Wonderful People Habit “Be Patient and Listen” in your classroom. This IDEA Book is filled with suggestions you can use —or that you can improve on by adding your own creativity.



WonderfulPeople.net WORKS!

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BE PATIENT AND LISTEN in October

Color Cue: Slow-Down Lavender

Health Focus: Safety



SHOW A POSITIVE ATTITUDE in November

Color Cue: Sunny Yellow

Health Focus: Reduce Stress



CELEBRATE COMMUNITY, FAMILY & FRIENDS in December

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Health Focus: Healthy Heart, Mind & Body



LEND A HAND in January

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Health Focus: First Aid & CPR



YOU COUNT in February

Color Cue: WOW! Fuchsia

Health Focus: Be Drug-Free!



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BE ADVENTUROUS in June

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BECOME INVOLVED in July

Color Cue: Patriot Red

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12 HABITS FOR WONDERFUL PEOPLE

Life gets better when we work together . . . one month at a time!



“BE PATIENT & LISTEN” CLASSROOM ACTIVITIES

“ Together we brighten the world we all share.”

-ELAINE PARKE

OCTOBER

Color Cue: SLOW-DOWN Lavender

BE PATIENT & LISTEN®

12 HABITS FOR WONDERFUL PEOPLE™ FOCUS FOR SOCIAL & PHYSICAL HEALTH PRIMARY SCHOOL FORMAT



Busy Bee says . . . In September DO YOUR BEST!

Color Cue: Award Gold

Health Focus: Good Nutrition



Waldo says . . . In October WAIT AND LISTEN!

Color Cue: Slow-Down Lavender

Health Focus: Safety



Smiley says . . . In November SMILE

Color Cue: Sunny Yellow

Health Focus: Reduce Stress



Evert says . . . In December LOVE EACH OTHER

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Happy says . . . In January HELP OTHERS

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Lady says . . . In April LOVE THE EARTH

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Magic says . . . In June MAKE A WISH!

Caring Color: J-O-L-T Orange

Health Focus: Improve Your Health & Prevent Disease



Jenny says . . . In July ALL JOIN IN

Color Cue: Patriot Red

Health Focus: Hygiene & Cleanliness



Gregory says . . . In August WHEN I GROW UP . . .

Color Cue: Thoughtful Blue *Health Focus:* Health Education & Immunizations



12 HABITS FOR WONDERFUL PEOPLE

Life gets better when we work together . . . one month at a time!

WonderfulPeople.net WORKS!

“BE PATIENT & LISTEN”

CLASSROOM ACTIVITIES

Think About This!

Activity: Think about the consequences of one action before performing another.

For: Classroom or group discussion

You will need: 10 to 15 minutes



Did you ever think about or wonder . . .

What if the dentist did not wait for the Novocaine to start working before beginning to drill? . . .

What if the firefighters left the scene of a fire before every last spark was extinguished? . . .

What if the surgeon made his or her first cut before the anesthesia took effect? . . .

What if there were no traffic lights? . . .

Can you think of adverse outcomes that would occur if we did not wait for something to take place first before we take the next action?

It's Longer Than You Think

Can you wait a minute?

Does one minute seem like eternity?

Try to see if you really can judge the exact length of one minute without looking at a clock or your watch. Try it for two minutes. Try it for five minutes.

The next time you have a dentist or doctor's appointment –try guessing how long you will wait before your name is called? Then check your estimate against a clock.

Think about when you were a small child . . .

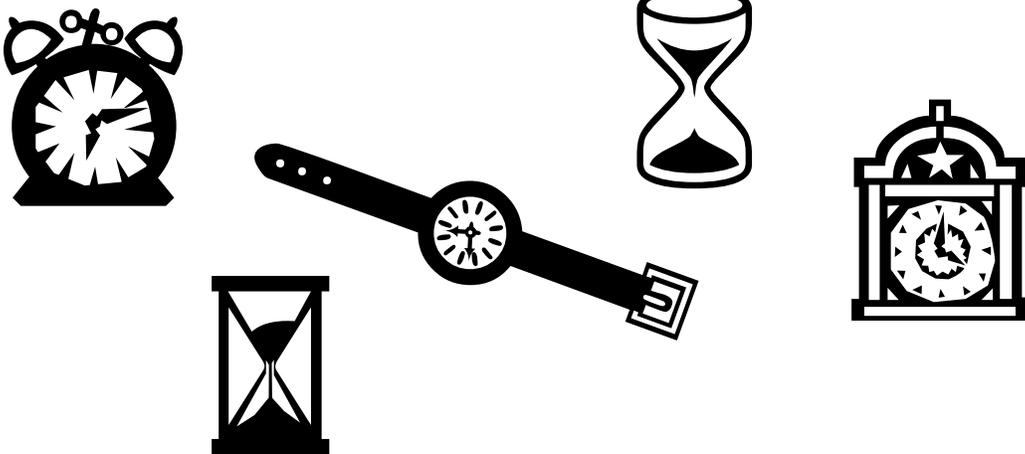
Can you remember going on a trip?

How long did the trip seem?

How long did it really take?

Can you remember being punished - in your room or on a chair?

How long did it seem to take before the punishment was over?



Is the World Really Round?

Activity: Columbus' journey to the New World

For: Classroom or group

You will need: 10 to 15 minutes

Did Christopher Columbus have patience?

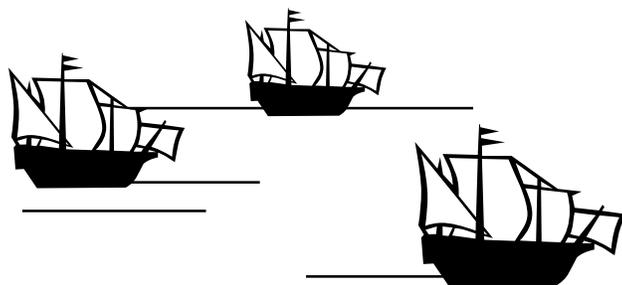
Did he listen to the people who told him the world was flat?

We all know that Christopher Columbus wanted to prove that the world was "round" instead of "flat". On Columbus Day, research and discuss the difficulties that Christopher Columbus had faced 500 years ago. Did it take time and patience to convince others to believe his idea to sail west to reach the East? Think about Queen Isabella of Spain who finally listened to Columbus and paid for his voyage to the new world.

What kind of person was she?

What would have happened if Queen Isabella had NOT listened to and trusted Christopher Columbus?

After presenting and discussing your ideas about Columbus, think about how *you can* persuade others to listen to your ideas?



Get Out and LISTEN - then Vote!

Activity: Listening to political candidates before the elections

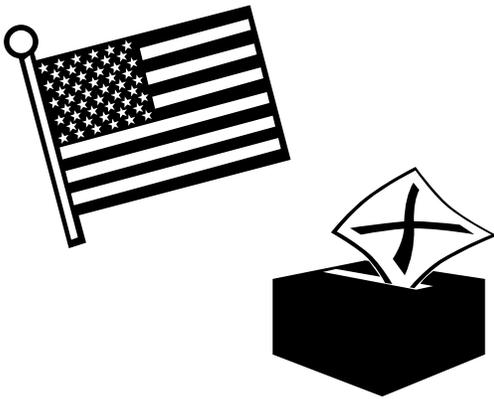
For: Classroom or group discussions

You will need: 15 to 20 minutes

National, State and Local elections will be held in November. This month, you will see and hear more campaign messages than at any other time of year. Think about the issues and what is important to you. Then listen to the points the candidates make when debating popular issues. What are they saying in their speeches and advertisements? Do you really listen?

Assign each class member one candidate for a local, regional, state or national office. Have each student listen well to their candidate's speeches and advertisements and report on what they say about the issues. Ask them to summarize their opinions about what their candidate stands for and to predict how they would vote on 3 important issues.

Be sure to remind parents, your family members and any siblings over 18 years old, to vote on Election Day!



Book “Buddies”

Activity: Sharing the gift of reading with fellow students

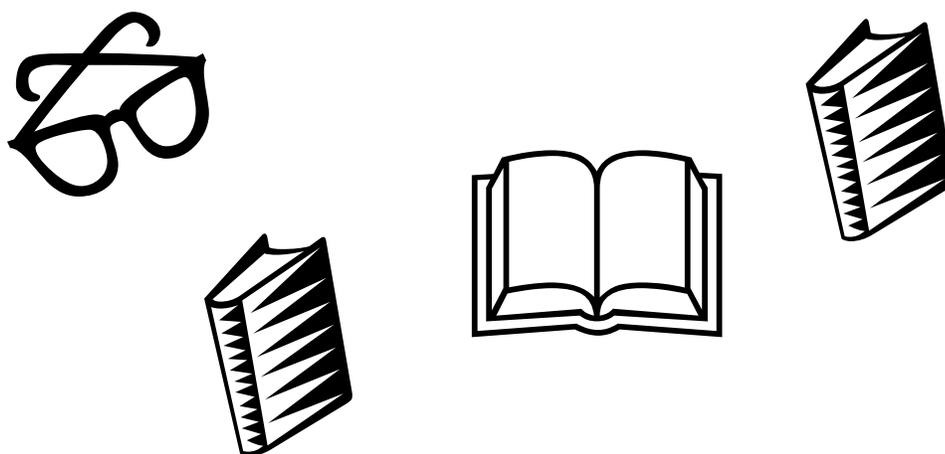
For: Classroom or group

You will need: 10 to 15 minutes

Arrange for members of your class to become “Book Buddies.”

Suggest that each student selects a book from home, the school library or the public library and read aloud to each other. (You may want to select a book from the Reading Book List starting on page 49 of this Idea Book.) Students can do this right within your own classroom. To make it more interesting and enjoyable you might make arrangements with another class or grade. Students can even become book buddies with siblings at home.

Everyone will discover that it sometimes takes patience to listen to others who are reading to you. As an example, intermediate students could listen to primary students, and then switch places for still another opportunity to listen. Afterwards, talk about what was read. Share ideas.



Why We Need You!

Activity: Listening to and learning about the various services provided by members of the community.

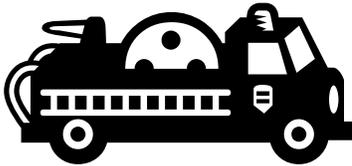
For: Classroom or groups, families and children

You will need: 10 to 15 minutes

The second week In October is designated as National Fire Prevention Week. Our health focus for this month is SAFETY - and fire safety is especially important.

Invite a firefighter to be “listened to” in your classroom. Before they arrive, talk about courteous listening and showing respect with good behavior. Focus on learning about fire prevention. Also use this opportunity to listen to the dangers and the rewards of being the firefighter who values the safety and the lives of others.

You can extend this “listening” by inviting other members of the community (doctors, dentists, police officers, clergy, business owners, etc.) to your school to discuss their valuable services. Help students to understand that we all need one another in a community and we help each other. Then use what you have learned to compose a community “Declaration of Dependence” to be displayed at your school or local government offices.



Be Good to Your School

Activity: Showing respect for school property

For: Teachers to share in discussion with students

You will need: 10 to 15 minutes

Explain to students that it takes patience to obey the rules and to be respectful of your school and school property. Discuss what happens if we don't have respect for property that does not belong to us. It's faster to walk across the grass or to drop litter than to walk around or go to a waste receptacle, but it takes someone else's time to repair the disrespect shown.

We show pride in our school by having the patience to "do it right." Take time to keep lockers neat, to put litter in its place, to take care of school books, and to walk on paved areas instead of on the lawns or through the shrubbery.

Discuss the topic of defacing school property. *What are the consequences?* Discuss what to do when you find something that belongs to someone else. *What is the person who has lost the item feeling like? How can the person who finds the item help?* They can be patient enough to try to find the owner, or turn the item over to the Lost and Found ASAP!



Time to Save

Activity: Saving money for something special

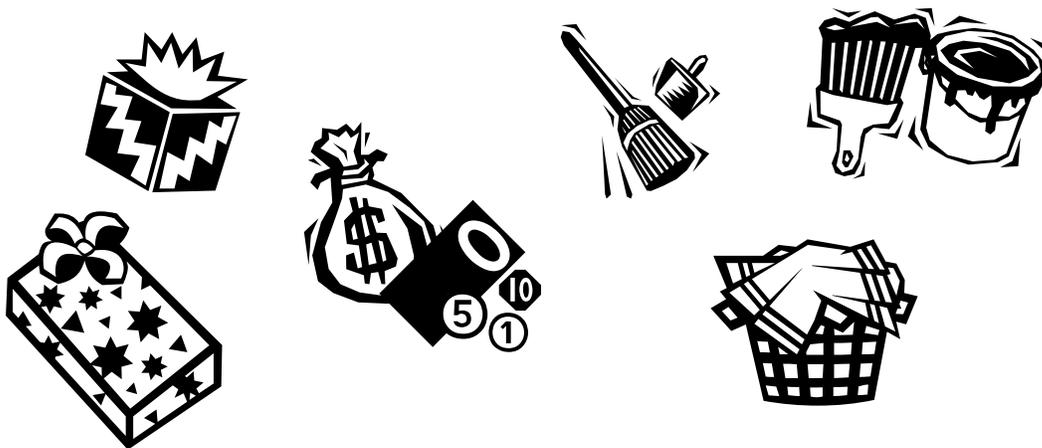
For: Classroom discussion about patience

You will need: 10 to 15 minutes

SAVING MONEY for something you want — requires patience. This is one of the hardest things to do - this is why many families have debts and not enough money to pay the bills. Learning to have the patience to save and be wise with money is critical to a successful adult life.

Have a class discussion about saving. Let students discuss things they want to buy and how they can earn and save the money to get them. Since it is October, they may want to start saving money for Holiday gifts for family and friends. Perhaps they could form a “savings support group” to help each other. Remember, *Pennies Make Dollars* - only when you save them so that they can add up.

Discuss some ideas for Holiday Saving - have students consider whether or not they get an allowance. How much should they save each week? Are there additional jobs students can do at home or in their neighborhoods to earn money that can be saved?



A Classroom Chain Story

- Activity:** Composing a group story with a pre-arranged beginning
- For:** Classroom discussion
- You will need:** 30 minutes or more, your imagination, paper, pen or pencil, cassette recorder (optional)

This is a classroom activity that is fun, creative, and depends on patience and listening to be successful. This exercise is especially good for re-inforcing the need to take turns - if a student jumps in, out of turn, the whole story gets out of whack. This exercise also develops understanding and empathy between students because they learn about each other and develop respect for their differences and ideas.

This is called the “Chain Story” because each person (and you can begin with only two) adds his or her own link to the beginning sentence. Start off simply with: *“Once upon a time...”* (You might try something like, *“It was a dark and stormy night...”*, if you feel even a little dramatic.) One student then fills in the next part of the story, then the person next to him or her picks the story up from there, and eventually it will come back to you.

If some students have a hard time grasping the idea initially, you may have to supply several lines to get them started. Or you can get them going by using the plot from one of their favorite books, which might get the book retold (that’s fine, too). Younger students may enjoy finishing incomplete sentences such as: *“One cold and stormy night, a big red truck with...”*

For extra variety, you can break the class into 3 or 4 groups of students - each starting with the same first sentence but taking the story in different directions. Later, have one or two students “report” their stories to the other groups - the differences will be amazing to everyone.

If you have a tape recorder, double the fun by putting these stories on tape. Then compile them into a book for everyone to enjoy! You and your class will see that with a little patience and listening, you may have the makings of some great literary masterpieces.



Telephone Chain

Activity: Passing along a message to group members

For: Classroom, families and children of all ages

You will need: 10 to 15 minutes and your imagination

This is one of those classic games that you may remember from your own childhood; and now is a great time to pass it along to your students.

If there ever was a game that demonstrates the need for careful listening, this is it. Everyone sits in a circle on the floor or in chairs placed closely together. One person whispers a message of eight to ten words to the person directly to his/her right. Then that person continues the cycle by relaying the message — or some approximation of it — to the person on his or her right, and so on, and so on.

The real fun comes when the last person in the circle passes along his or her version of the message. The final messages are usually garbled in the most hilarious ways.

So, a message such as *“I sent you a big peanut butter sandwich, but you never ate it”* became *“Half’s into pigs; be a lot better if they had witches every breakfast.”* You may not want to know what that means!



The Quiet Game

Activity: Communicating without speaking

For: Classroom or group

You will need: 15 to 20 minutes

What would it be like to have to go through an entire day without being able to communicate by speaking to those who come into contact with you? There is only one way to find out — by observing complete silence for an extended period of time. (try 10 to 15 minutes at first)

Bear in mind that this will be more difficult for your students than you might think. They may want to write notes but notes are also forms of communicating. Instead, the idea is to make themselves understood without resorting to a common language. This is an experiment that will offer a fascinating insight into what many hearing- and/or speech-impaired and non-English-speaking people encounter each and every day.

This is a game that will require a little cooperation from everyone. This game will also work best if you make it clear from the beginning that this is an attempt for everyone to learn about the many ways we communicate with each other. So you, as the teacher, go first. Then see what happens!



Quote Jar

Activity: Inspiring students through others' wit and wisdom.

For: Teacher and students

You will need: Large jar, basket, colorful bag or box
"Slow-down Lavender" paper

Use the quotes provided in the Quotations section (beginning on page 77) of this Idea Book and photocopy (or print them on individual sheets of paper) onto paper in the color of the month. Cut each quote out and fold into a small square. Place in your container and display in a prominent spot for the month.

IDEA ONE

Take one quote out and read aloud each morning of the month. Discuss the meaning of the quote and reflect on it throughout the day.

IDEA TWO

Have each student take a paper from the container. Have them write a paragraph or two on their interpretation of the quote.

IDEA THREE

Implement your own idea!



Caring Links

- Activity:** To link everyone together in the 12 Habits for Wonderful People.
- For:** Teacher and students
- You will need:** Card stock in the color of the month and stapler.

Cut card stock paper into strips with paper cutter.
(A standard 8½" x 11" sheet yields 11 - 8½" x 1" strips.)

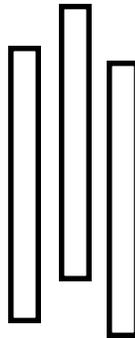
IDEA ONE

Have each student write their name* on a strip of paper. Bend first strip into a circle and staple close. Link next strip through first and staple. Continue to link the paper together to form a chain. Hang in a prominent spot in the classroom for the month.

**Substitute names with favorite quotes, goals, listening or patience skills practiced this month, songs, jokes, etc.*

IDEA TWO - On going

Add on to the chain above with next month's color. At the end of the school year, you will have a Wonderful People chain in all the Color Cues. Explain how the chain began as one loop and now the loop is long enough to go across the room. Read each link and review each monthly theme and color as you go through the chain.



**Write a Sentence a Day . . .
and with a Little Patience . . .
A Story is Eventually Written**

Activity: Composing a story using one sentence each day

For: Classroom or group

You will need: 5 - 7 minutes each day, loose-leaf paper or spiral notebook, pen or pencil

You have two different ways to make the fun happen!

1. Have each student keep a special notebook or clipped pages. The first page can read, "My Sentence-A-Day Story by _____; begun on (date)." Each day, preferably at the same time, perhaps at the start of class, allow five to seven minutes for students to contribute one sentence, and one sentence only, to a developing story in their notebooks.

Keep the activity going for the whole month of October. On the last day, students wrap up their stories with the final sentence. Then have each student read his/her completed story to the class.

2. Or you can have individual students take turns contributing a sentence to one prearranged beginning. Each student then adds a sentence to the paper and passes it to the student behind him/her, and continues until everyone has made their contribution to the story. Since there will be more students contributing, set a shorter limit, perhaps a week, for the story to reach completion. Then designate one student to read the finished product to the rest of the class.

As an added treat, you can have all the stories compiled into a book for everyone to enjoy.

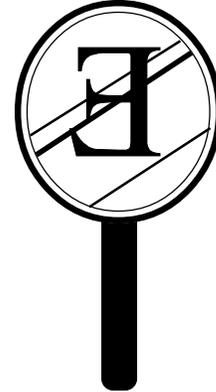
This is an excellent activity for English, Reading and/or Foreign Language classes. It takes only a few minutes each day, but, over time, will add up to a lot of fun. This exercise will have some surprising and creative results and will build class understanding and respect for one another.

"Once upon a time . . .



REVERSE (REVERSE) Writing

- Activity:** Writing in reverse
- For:** Classroom or group
- You will need:** 15 minutes and a mirror



We take it for granted that we can write our names in the normal manner. But can your students do it in reverse? And do they have the patience to do so?

Have your students write his or her name, a short sentence or one of the October quotes the “normal” way, then in reverse. The sequence of the letters must be in reverse, too. Symmetrical letters such as A, H, M or W are unaffected, but you are forced to look at asymmetrical letters such as B, R, S or Z in a whole new light.

Do not use a mirror to check it halfway. Use the mirror only for decoding completed messages. It is interesting to see which letters or words did not quite qualify for reverse writing.

Hold this page up to a mirror, and you will see a message for you and your students to get started with.

Silence is sweeter than speech.

“Speed” Talking

Activity: Demonstrating how fast you can talk

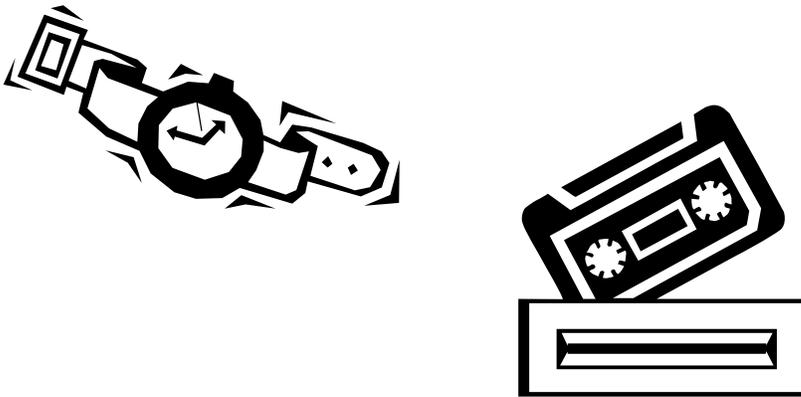
For: Classrooms, individuals, families

You will need: Watch with a second hand or a stopwatch,
20 minutes, cassette recorder (optional)

This game goes against our color of the month, “Slow-Down Lavender,” and it’s a simple listening game students will enjoy. How FAST can *you* talk? Choose a poem or other recitation that is known by heart by everyone in your class. Verses such as “*Twinkle, Twinkle, Little Star*” or “*Mary Had a Little Lamb*” are especially good for those just starting out. Now get out your watch and have each student zoom through the verse as quickly as possible. Take a turn yourself, too! Record each person’s time in a notebook — you never know - maybe someday you will discover that one of your students set a new world’s record for “Speed Talking.”

For more fun, and lots of laughs, try recording everyone’s fast-talking efforts.

When you play the tapeback, *you may end up hearing something much like this and you will find out sooner or later that you will have to play it back in order to make some sense out of it all.*



Mystery Clues

Activity: Using clues to identify objects within a given theme

For: Classroom or group

You will need: 15 to 20 minutes and your imagination

This game can be geared to highlight different student's interests and abilities. You may contemplate the possibility of using historical figures, events, literary characters, or current issues they may be discussing in school. There is no limit to the possibilities!

Select a theme, such as animals. Then open with—

"I'm thinking of an animal that stands on four legs, and has stripes...",

and so on. Encourage the other players to ask questions—

"Is it big/small?"

"Where does it live?"

"What does it eat?", etc.

When you answer, give just enough information (or lack of) for players to keep on guessing, asking for more clues and eventually getting the right answer. Then reverse the questioning, and have your students give you clues about an animal or object he/she chooses, and ask questions.



What's Missing?

Activity: Using observation skills to identify the missing objects

For: Classroom or group

You will need: 20 - 30 minutes and six to twelve similar objects

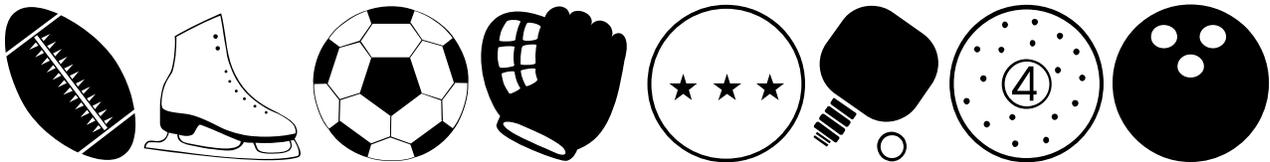
This classic game stimulates patience, increased attention-span and memory retention. Place a group of everyday objects on a table and allow the players to study the collection for a minute or two. Ask the players to close their eyes or turn around, then take away one of the objects. You can also hold a sheet in front of the table while you remove an object. Then ask the players, "What's missing?"

This is a very easy game to adapt to varying ages and abilities. Increase the difficulty of the game by:

*increasing the number of objects,
selecting items that are similar in size and shape,
increasing the number of objects to be taken away each time.*

You can also shorten the time the players have to study the collection. Or you can shorten the time to come up with the object you have removed. You can also rearrange the objects, and remove one of them.

When the players get *really* good at this game, have them play several rounds at the same time. Make a point of encouraging your players to compete against their own prior performance and to improve themselves, rather than compete against one another.



Ten Hints

Activity: Game requiring players to listen to clues to come up with the answers within ten hints or less

For: Classroom, group or families

You will need: 20 - 30 minutes, paper, pencils, imagination!

The game begins by selecting a “Hinter.” The “Hinter” writes down on a piece of paper, the name of the person, place, or thing (s)he has in mind, the ten hints (s)he will give, and folds it into his/her hand. Then (s)he begins by giving a series of “10 hints” to the group of players. Any player can guess at any given time. There is no penalty for a wrong guess, and the person who gives the correct answer gets to start a new game by giving the first hint.

Some preparation is necessary for this game. You may want the whole class to prepare their person, place or thing “10 Hints” before the game begins.

Here are some examples:

(1) I am a famous American. **(2)** I lived in the nineteenth century. **(3)** I was once a practicing attorney, and later a congressman. **(4)** I was known for my skill in debating. **(5)** I was born in a log cabin. **(6)** I was famous for splitting rails as a young boy. **(7)** I was elected President of the United States. **(8)** I signed the Emancipation Proclamation. **(9)** I am pictured on a five-dollar bill. **(10)** I am Abraham Lincoln.

(1) I am a famous animal. **(2)** I have fur. **(3)** I have whiskers..**(4)** You hear about me at one special time of the year. **(5)** I love children. **(6)** I have great big ears. **(7)** My fur is white. **(8)** I have a twitchy little nose. **(9)** I bring baskets full of goodies to all my friends. **(10)** I am the Easter Bunny.

Happy guessing!





Family Fun Activities

Week 1

- *"Interview" an older friend or relative about what life was like when (s)he was a child. Listening to the memories will be interesting for you and your kids.
- *Make some yeast bread from scratch. It's a slow process that requires patience but the results are worth it!

Week 2

- *Recall a family event. Have each family member share something special (s)he remembers about the occasion while everyone else listens! Afterwards find out how many others remember the same moments.
- *Have an older child teach a younger one how to do something new - tie a shoe, count money, tell time. This will require patience on everyone's part but in the end everyone can share the pride of the accomplishment.

Week 3

- *Play the "telephone game". Players sit in a circle, one person whispers something to the person next to him(her). That person "passes it on" and so forth. The last person says the message out loud - see how close the message is to what was "sent."
- *Kids generally love to "cook" so give them jobs they can do to help get a meal ready for the family. Allow some extra time so that you don't have to be rushed and try to plan things where time isn't critical to the end product.

Week 4

- *Make a "date" with each child. Spend time doing something (s)he enjoys. Let him(her) do the talking and you do the listening. Be sure to start and end the experience with a hug.
- *When you ask a child to do a job, allow enough time for him/her to complete it. Especially when it's a newly learned skill.

 **GREAT
HANDOUT**

**“BE PATIENT & LISTEN”
CHARACTER EDUCATION
WORDS-2-LEARN**

“ Together we brighten the world we all share.”

-ELAINE PARKE

OCTOBER

Color Cue: SLOW-DOWN Lavender

BE PATIENT & LISTEN® 29

“BE PATIENT & LISTEN”

WORDS - 2 - LEARN

Rudeness, lack of attention and talking while class is going on are some of the worst problems teachers face every day. This month is an excellent opportunity to tackle these problems by making students more aware of their patience and listening skills - or lack of them. Set up class competitions - teach “active listening” and patience skills. *Suggest that students practice these skills while riding on school buses too.*

For one week during each class, call on students, not so much to answer questions, but to repeat information conveyed to them as accurately as possible. This is called “active” listening. When information was missed, discuss how and why.

What does “paying attention” mean?

Who loses the educational information when one doesn’t pay attention?

Does it take more time to listen the first time or to have to find the information again later?

What happens when you don’t get the information needed for a test?

Use the following words as the basis for discussions during classroom activities where vocabulary and spelling exercises can include them. How does the practice of these traits influence our own lives? What are examples of practicing these traits? Can your class think of any more words that encourage, “Patience and Listening?”

ATTEND

LISTEN

SELF-CONTROL

CARING

MODERATION (*5)

SPORTSMANSHIP

CONSIDERATION

PATIENCE (*2)

TRANQUIL

COURAGE

PUNCTUALITY (*3)

UNDERSTANDING

COURTESY

QUIET

VALUE OTHERS

FAIRNESS (*1)

RESPECT (*4)

WAIT YOUR TURN

HUMILITY

RESPONSIBILITY

* used in planner with week #

Attend

at•tend *v.* at•tend•ed at•tend•ing at•tends *v. tr.* 1. To be present. 2. To take care; give attention: *We'll attend to that problem later.* 3. To apply or direct oneself: *attended to their business.* 4. To pay attention: *attended disinterestedly to the debate.* 5. To remain ready to serve; wait. 6. *Obsolete* To delay or wait.

1. [v.] To have the care and supervision of

-tend	-foster	-care for
-look after	-mind	-watch over
-sit with	-superintend	-neglect (<i>antonym</i>)
-supervise	-watch	-ignore (<i>antonym</i>)

2. [v.] To work and care for

-feed	-look after	-wait upon
-maintain	-parent	-keep
-nurse	-provide for	-nourish
-serve	-service	-nurture
-support	-sustain	-take care of

3. [v.] To be wary or careful

-beware	-heed	-be on guard
-look out	-mind	-be wary
-take care	-watch	-guard against
-watch out	-be cautious	-be on the alert

4. [v.] To be present at a class or meeting without fully participating

-audit	-sit in on
--------	------------

5. [v.] To perceive and pay attention to speech or sound

-listen	-give ear to	-ignore (<i>antonym</i>)
-tune in	-hark	-disregard (<i>antonym</i>)
-hear	-hearken	
-heed	-lend an ear to	

Caring

car-ing *adj.* Usage Problem 1. Feeling and exhibiting concern and empathy for others: *"We formed Generations United to argue for a caring society"* JACK OSSOFSKY

Relationship to Caring Habit; "Be Patient and Listen"

Listening to others and being patient with them are qualities that show you care. When we focus on ourselves and our own ideas or on our own need to talk when others are talking, we send a message that we don't care about them.

Practice listening and having more patience while others are talking in class. Use the topic for discussions and in other activities where vocabulary and spelling exercises can include these words.

car•ing cares *v. intr.* **1.** To be concerned or interested: *Once inside, we didn't care whether it rained or not.* **2.** To provide needed assistance or watchful supervision: *cared for the wounded; caring for an aged relative at home.* **3.** To object or mind: *If no one cares, I'll smoke.* **4. a.** To have a liking or attachment: *didn't care for the movie.* **b.** To have a wish; be inclined: *Would you care for another helping?* *v. tr.* **1.** To wish; desire: *Would you care to dance?* **2.** To be concerned to the degree of: *I don't care a bit what critics think.*
Synonyms: care charge, service, sharing, love, helpfulness, generosity, unselfishness, sacrifice, supervision trust.

1. [n.] Thoughtful and kindly attention

-solicitude	-concern	-consideration
-regard	-thoughtfulness	-respect
-kindliness	-thoughtlessness (<i>antonym</i>)	-selfishness (<i>antonym</i>)

2. [n.] A feeling of respectful appreciation and affection

-esteem	-account	-admiration
-estimation	-favor	-regard
-respect	-estimate	-approval
-veneration	-reverence	-disrespect (<i>antonym</i>)
-contempt (<i>antonym</i>)	-disdain (<i>antonym</i>)	

3. [n.] The act of observing, or taking into account

-observation	-notice	-recognition
-regard	-heed	-attention
-remark		

4. [n.] Something that influences a decision or moves to action

-motive	-cause	-motivation
-reason		

5. [n.] An accommodation made in light of extenuating circumstances

-concession	-allowance	-abatement
-compromise		

Consideration

consideration *n.* **1. a.** Careful thought; deliberation: *We will give your proposal consideration.* **b.** A result of considering; an opinion or a judgment: *Is it your consideration that I should apply?* **2.** A factor to be considered in forming a judgment or decision: *Safety is the most important consideration in choosing a car.* **3.** A treatment or account: *The essay begins with a brief consideration of the history of the problem.* **4.** Thoughtful concern for others; solicitude. **5.** High regard; esteem. **6.** Payment given in exchange for a service rendered; recompense: *agreed to do it for a small consideration.* **7. Law** Something promised, given, or done that has the effect of making an agreement a legally enforceable contract.

1. [n.] Thoughtful and kindly attention

- | | | |
|--------------|-------------------------------------|---------------------------------|
| - solicitude | -concern | -consideration |
| -regard | -thoughtfulness | -respect |
| -kindliness | -thoughtlessness (<i>antonym</i>) | -selfishness (<i>antonym</i>) |

2. [n.] A feeling of respectful appreciation and affection

- | | | |
|------------------------------|-----------------------------|--------------------------------|
| -esteem | -account | -admiration |
| -estimation | -favor | -regard |
| -respect | -estimate | -approval |
| -veneration | -reverence | -disrespect (<i>antonym</i>) |
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- | | | |
|-------------|------------|------------|
| -concession | -allowance | -abatement |
| -compromise | | |

Courage

cour•age n. The state or quality of mind that enables one to face danger, fear, or viscidities with self-possession, confidence, and resolution; bravery.

Courtesy

cour•te•sy 1. a. Polite behavior. b. A polite gesture or remark. 2. a. Consent or agreement in spite of fact; indulgence: *They call this pond a lake by courtesy only.* b. Willingness or generosity in providing something needed: *free advertising through the courtesy of the local newspaper.* *adj.* 1. Given or done as a polite gesture: *paid a courtesy visit to the new neighbors.* 2. Free of charge: *courtesy tickets for the reporters.*

1. [n.] Well-mannered behavior toward others

- | | | |
|-------------|------------|-----------------|
| -politeness | -civility | -courtliness |
| -decorum | -etiquette | -good manners |
| -politeness | -propriety | -respectfulness |

2. [n.] Respectful attention, especially toward women

- | | | |
|--------------------------------------|-----------------|---------------------------------|
| -gallantry | -chivalrousness | -chivalry |
| -courtliness | -good manners | -politeness |
| -discourteousness (<i>antonym</i>) | | -discourtesy (<i>antonym</i>) |

3. [n.] Conformity to social conventions or standards

-propriety	-conventionality	-correctness
-decorum	-punctilio	-punctiliousness
-seemliness	-decorousness	-dignity
-etiquette	-formality	-respectability

4. [n.] A standard of behavior to which people conform

-etiquette	-code	-convention
-custom	-decorum	-form
-manners	-mores	-propriety

Fairness

fairness, *n.* **1. a.** Free of favoritism or bias; impartial **b.** Just to all parties; equitable: *a compromise that is fair to both factions.* **2.** Being in accordance with relative merit or significance: *She wanted to receive her fair share of the proceeds.* **3.** Consistent with rules, logic, or ethics: *a fair tactic.*

1. [n.] Freedom from bias or partiality

-evenhandedness	-impartiality	-bias (<i>antonym</i>)
-equitableness	-justice	-partiality (<i>antonym</i>)
-equity	-objectivity	-prejudice (<i>antonym</i>)
-fair-mindedness	-justness	-unfairness (<i>antonym</i>)

Humility

humility *n.* 1. The quality or condition of being humble.

1. [n.] Lack of vanity or self-importance

-modesty	-humbleness	-meekness
-unpretentiousness	-self-effacement	-reserve
-restraint	-constraint	-lack of boastfulness
-restrained behavior	-immodesty (<i>antonym</i>)	-boastfulness (<i>antonym</i>)
-conceitedness (<i>antonym</i>)	-arrogance (<i>antonym</i>)	-vanity (<i>antonym</i>)

Listen

lis•ten *v. intr.* lis•tened lis•ten•ing lis•tens 1. To make an effort to hear something: *listen to the radio; listening for the bell.* 2. To pay attention; heed: *"She encouraged me to listen carefully to what country people called mother wit"* MAYA ANGELOU Phrasal Verbs: listen in 1. To listen to a conversation between others; eavesdrop. 2. To tune in and listen to a broadcast.

1. [v.] To perceive and pay attention to speech or sound

-attend	-hark	-heed
-give ear to	-disregard (<i>antonym</i>)	-lend an ear to
-tune in	-hear	-ignore (<i>antonym</i>)
-hearken		

Moderation

mod-er-a-tion adj. *Abbr.* mod. 1. Being within reasonable limits; not excessive or extreme: *a moderate price*. 2. Not violent or subject to extremes; mild or calm; temperate: *a moderate climate*. 3. a. Of medium or average quantity or extent. b. Of limited or average quality; mediocre. 4. Opposed to radical or extreme views or measures, especially in politics or religion. *n.* 1. One who holds or champions moderate views or opinions, especially in politics or religion. *tr.* 1. To lessen the violence, severity, or extremeness of. 2. To preside over: *She was chosen to moderate the convention*. *v. intr.* 1. To become less violent, severe, or extreme; abate. 2. To act as a moderator. *n.* Synonyms: moderate qualify temper. The central meaning shared by these verbs is “to make less extreme or intense”: *moderated the severity of the rebuke; qualified her criticism; admiration tempered with fear*. Antonym: intensify

1. [n.] Avoidance of extremes of opinion or conduct

-continence	-restraint	-temperance
-discipline	-self-control	-moderateness
-measure		

Patience

pa-tience *n.* 1. The capacity, quality, or fact of being patient. 2. The game solitaire.

Synonyms: patience long-suffering resignation forbearance These nouns all denote the capacity to endure hardship, difficulty, or inconvenience without complaint. *Patience* emphasizes calmness, self-control, and the willingness or ability to tolerate delay: “*Our patience will achieve more than our force*” EDMUND BURKE. *Resignation* implies an unresisting acceptance of or submission to something trying, as out of despair or necessity: *Too timorous to protest the disrespect with which she was being treated, the young woman could only accept it with resignation*. *Forbearance* denotes restraint, as in retaliating, demanding what is due, or voicing disapproval or condemnation: *towards each other*” PATRICK HENRY. *The parents showed remarkable forbearance toward their defiant and unruly son*.

1. [n.] The capacity of enduring hardship or inconvenience

-endurance	-forbearance	-sufferance
-fortitude	-imperturbability	-frailty (<i>antonym</i>)
-patience of Job	-resignation	-weakness (<i>antonym</i>)
-stoicism		

Punctuality

punc-tu-al -i-ty 1. Acting or arriving exactly at the time appointed; prompt.
2. Paid or accomplished at or by the appointed time. 3. Precise; exact.

1. [n.] The quality or state of being on time

-promptitude	-promptness	-timeliness
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Quiet

quiet *adj.* peaceful, tranquil, serene; hushed, silent; modest, restrained, subdued; gentle, calm; unostentatious.

Respect

re•spect *v. tr.* **re•spect•ed re•spect•ing re•spect•s** 1. To feel or show deferential regard for; esteem. 2. To avoid violation of or interference with: *respect the speed limit.* 3. To relate or refer to; concern. *n.* 1. A feeling of appreciative, often deferential regard; esteem. See note at **regard**. 2. The state of being regarded with honor or esteem. 3. Willingness to show consideration or appreciation. 4. **respects** Polite expressions of consideration or deference: *pay one's respects.* 5. A particular aspect, feature, or detail: *In many respects this is an important decision.* 6. *Usage Problem* Relation; reference.

re•spect•er *n.*

1. [n.] Thoughtful and kindly attention

-solicitude	-consideration	-kindliness
-concern	-regard	-thoughtlessness (<i>antonym</i>)
-considerateness	-thoughtfulness	-selfishness (<i>antonym</i>)

2. [n.] A feeling of respectful appreciation and affection

-esteem	-favor	-reverence
-account	-regard	-disrespect (<i>antonym</i>)
-admiration	-estimate	-contempt (<i>antonym</i>)
-consideration	-approval	-d disdain (<i>antonym</i>)
-estimation	-veneration	

3. [n.] Great respect accorded as a right or due

-homage	-deference	-tribute
-honor	-esteem	-veneration
-admiration	-reverence	

4. [n.] Favorable regard

-approval	-esteem	-good opinion
-favor	-good will	-disapproval (<i>antonym</i>)
-appreciation	-admiration	-dislike (<i>antonym</i>)
-approbation	-liking	-criticism (<i>antonym</i>)

5. [n.] A feeling of regard

-esteem	-veneration	-disrespect (<i>antonym</i>)
-admiration	-appreciation	-disregard (<i>antonym</i>)
-awe	-affection	
-reverence	-deference	

6. [v.] To have a high opinion of

-admire	-venerate	-rate highly
-esteem	-honor	-disdain (<i>antonym</i>)
-look up to	-regard	-abhor (<i>antonym</i>)
-revere	-value	
-reverence	-think highly of	

7. [v.] To have a feeling of great awe and rapt admiration

- | | | |
|-----------|------------|------------------------------|
| -revere | -reverence | -disrespect <i>(antonym)</i> |
| -marvel | -honor | -dishonor <i>(antonym)</i> |
| -venerate | | |

8. [v.] To recognize the value of

- | | | |
|-------------|------------|----------------------------|
| -appreciate | -prize | -regard |
| -cherish | -revere | -belittle <i>(antonym)</i> |
| -esteem | -reverence | -scorn <i>(antonym)</i> |
| -go for | -treasure | -disdain <i>(antonym)</i> |
| -hold dear | -value | |
| -praise | -venerate | |

Responsibility

re-spon-si-bil-i-ty *n. pl.* re•spon•si•bil•i•ties 1. A course of action that is demanded of a person, as by law or conscience. The state, quality, or fact of being responsible. 2. Something for which one is responsible; a duty, an obligation, or a burden.

Self-Control

self-con•trol *n.* 1. Control of one’s emotions, desires, or actions by one’s own will: “*You think yourself a miracle of sensibility; but self-control is what you need*” MARY BOYKIN CHESNUT
self -con•trolled *adj.*

1. [n.] The quality of being not easily agitated

- | | | |
|-------------|--------------------|--------------------------------|
| -equanimity | -self-possession | -imperturbability |
| -composure | -dispassionateness | -panic <i>(antonym)</i> |
| -coolness | -unflappability | -hysteria <i>(antonym)</i> |
| -phlegm | -calmness | -perturbation <i>(antonym)</i> |
| -poise | -steadiness | -discomposure <i>(antonym)</i> |
| -sang-froid | -aplomb | |

2. [n.] Avoidance of extremes of opinion or conduct

- | | | |
|-------------|-------------|----------------------------------|
| -moderation | -measure | -moderateness |
| -continence | -restraint | -immoderateness <i>(antonym)</i> |
| -discipline | -temperance | -immoderation <i>(antonym)</i> |

Sportsmanship

sports•man•ship *n.* 1. The fact or practice of participating in sports or a sport.
 2. Conduct and attitude considered as befitting participants in sports, especially fair play, courtesy, striving spirit, and grace in losing.

Tranquil

tran•quil *a.* Quiet; calm; undisturbed; peaceful.

Understanding

un-der-stand-ing *n.* 1. The quality or condition of one who understands; comprehension. 2. The faculty by which one understands; intelligence. 3. Individual or specified judgment or outlook; opinion. 4. **a.** A compact implicit between two or more people or groups. **b.** The matter implicit in such a compact. 5. A reconciliation of differences; a state of agreement: *They finally reached an understanding.* 6. A disposition to appreciate or share the feelings and thoughts of others; sympathy. *adj.* 1. Characterized by or having comprehension, good sense, or discernment. 2. Compassionate; sympathetic.

1. [v.] To know and be tolerant or sympathetic toward

-tolerate	-accept	-understand
-bear with	-endure	-allow
-put up with		

2. [n.] Skill in perceiving or judging

-discernment	-judgement	-acumen
-astuteness	-clear-sightedness	-discrimination
-eye	-keenness	-penetration
-percipience	-perspicacity	-shrewdness
-wit	-insight	-blindness (<i>antonym</i>)
-obtuseness (<i>antonym</i>)		

3. [n.] Intellectual grasp of a subject

-acquaintance	-apprehension	-comprehension
-conversance	-familiarity	-feel
-grip	-sense	-mastery
-incomprehension (<i>antonym</i>)	-misconception (<i>antonym</i>)	-misunderstanding (<i>antonym</i>)

Value Others

val•ue *n.* **Abbr. val.** 1. To determine or estimate the worth or value of; appraise. 2. To regard highly; esteem. 3. To rate according to relative estimate of worth or desirability; evaluate: *valued health above money.* 4. To assign a value to (a unit of currency, for example). 5. An amount, as of goods, services, or money, considered to be a fair and suitable equivalent for something else; a fair price or return. 6. Monetary or material worth: *the fluctuating value of gold and silver.* 7. Worth in usefulness or importance to the possessor; utility or merit: *the value of an education.* 8. A principle, standard, or quality considered worthwhile or desirable: *"The speech was a summons back to the patrician values of restraint and responsibility"* JONATHAN ALTER 9. Precise meaning or import, as of a word. 6. *Mathematics* An assigned or calculated numerical quantity. 10. *Music* The relative duration of a tone or rest. 11. *Color* The relative darkness or lightness of a color: *"I establish the colors and principal values by organizing the painting into three values—dark, medium . . . and light"* JOE HING LOWE

1. [v.] To recognize the value of

-appreciate	-cherish	-treasure
-esteem	-go for	-belittle (<i>antonym</i>)
-hold dear	-praise	-scorn (<i>antonym</i>)
-prize	-respect	-disdain (<i>antonym</i>)
-revere	-reverence	
-venerate	-regard	

Wait your turn

wait *v.* **wait•ed wait•ing waits** *v. intr.* **1.** To remain or stay in expectation of; await: *wait one's turn*. **2.** *Informal* To delay (a meal or an event); postpone: *They waited lunch for us*. **3.** To be a waiter or waitress at: *wait tables*. *n.* **1.** The act of waiting or the time spent waiting. **1. a.** To remain or rest in expectation: *waiting for the guests to arrive*. **1. b.** To tarry until another catches up. **2.** To remain or be in readiness: *lunch waiting on the table*. **3.** To remain temporarily neglected, unattended to, or postponed: *The trip will have to wait*. **4.** To work as a waiter or waitress. *v. tr.*

Verbs: wait on or wait upon **1.** To serve the needs of; be in attendance on. **2.** To make a formal call on; visit. **3.** To follow as a result; depend on. **4.** To await: *They're waiting on my decision*. **wait out** **1.** To delay until the termination of: *wait out a war; waited out the miniskirt craze*. **wait up** **1.** To postpone going to bed in anticipation of something or someone. **2.** *Informal* To stop or pause so that another can catch up: *Let's wait up for the stragglers*.

1. [n.] A period of space between events

- break	-interlude	-intermission
-interval	-caesura	-pause
-waiting period	-recess	-delay
-hiatus	-interruption	

2. [v.] To continue to be in place

-remain	-abide	-bide
-bide one's time	-cool one's heels	-dwell
-sit tight	-hang around	-mark time
-sit	-stand	-stay
-stick around	-tarry	

3. [v.] To stop temporarily and remain, as if reluctant to leave

-pause	-abide	-bide
-linger	-tarry	-hesitate
-continue (<i>antonym</i>)	-proceed (<i>antonym</i>)	-progress (<i>antonym</i>)

4. [v.] To remain temporarily neglected or unattended to

-cool one's heels	-dangle	-hang fire
-hang over		

“BE PATIENT & LISTEN”
HEALTH FOCUS:
SAFETY

“ Together we will brighten the world we all share.”

-ELAINE PARKE

OCTOBER

Color Cue: SLOW-DOWN LAVENDER

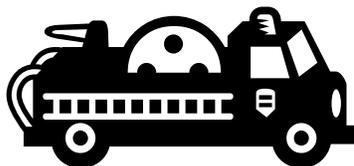
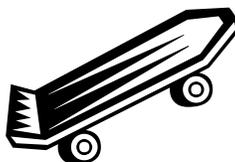
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“BE PATIENT & LISTEN”

HEALTH FOCUS

The Health Focus for the month of October is SAFETY. This ties in with the *Wonderful People Habit* because it takes patience and listening to practice safety in daily life. Many actions that keep us safe, take time. It takes patience to slow down a minute and it takes time to fasten a safety belt, or wait for a “walk” light at an intersection or to listen when someone is cautioning you about an action they see as potentially harmful.

The health tips in the student planner this month are about SAFETY. Take time to discuss them with your students. Encourage your students to be safe in school and to be aware of their own safety at home and in the community too. This is an especially good month to promote safety and courtesy on the school bus. Remind students that bus drivers need quiet courtesy in order to provide a safe trip!



HEALTH FOCUS

WEEK

1

• • • • •

Being SAFE requires patience and listening skills.

Slow down, become aware. Watch out for others in school hallways. Outside, watch for traffic and pedestrians. When running or walking, be aware of your surroundings and ready to jump to safety if danger threatens.

• • • • •

2

Practice FIRE SAFETY and PREVENTION.

Ask your family to get involved with you to make your home safer from fires. Do you have a fire extinguisher? Does everyone know where it is and how to use it? Do you have smoke detectors with fresh batteries? Talk with adults who may smoke. Are they careful with burning cigarettes?

• • • • •

3

For a safe trip to school each day, your school bus driver needs your patience and listening skills. Think about your bus driver as a person who needs your quiet cooperation and patience. Ensure that your own trip to school is safe by being respectful and caring of everyone.

• • • • •

4

Take time to focus on your HEALTH EDUCATION.

Paying attention to your health takes time and patience. Learn what foods are good for you and take time to eat them. Turn off the TV, hang up the phone and go to bed when it's time to get a good nights sleep. Your health counts and so do you. Listen and learn for a healthy happy life.

• • • • •

5

If you participate in Halloween, plan to be safe! Keep yourself from getting too carried away to forget SAFE behavior. Suggest using lights for Jack-o-lanterns instead of candles. Choose a costume with bright white, or add reflective tape. Use make-up instead of a mask. Check ALL treats before you eat them.

• • • • •



Poison Prevention

Activity: Learning and educating others about safety

For: Classroom or group

You will need: 10 - 15 minutes, computer, your imagination

Here is your chance to educate others on poison safety.

Begin by contacting the poison control center in your area; the number is located in the front cover of the telephone book with the emergency numbers. You can also obtain the number by calling 411. Ask them to send poison prevention information to you.

Create a flyer or a series of flyers to be distributed in your school and/or community that will include the following:

- The telephone number of the poison control center
- What to do if you suspect that someone has been poisoned:
 - Give the name of the substance
 - Be sure to have the container in front of you when you call
 - The approximate amount taken
 - The person's current condition or symptoms
- Safety tips on storing poisonous or potentially harmful substances (cleaning supplies, solvents, medicines)
- List common poisonous substances with antidotes

Then make copies of your flyer to distribute in your school. Have extra copies available to be distributed to your neighbors, at the community center, and at the public library, doctor's office, churches/synagogues, and local businesses. Ask them to help distribute your flyers.

Expand this activity to include flyers on other safety topics such as fire, holiday, bike or cooking safety, etc.



**“BE PATIENT & LISTEN”
LITERACY ENRICHMENT
WRITING / ESSAY ASSIGNMENTS**

“ Together we brighten the world we all share.”

-ELAINE PARKE

OCTOBER

Color Cue: SLOW-DOWN LAVENDER

BE PATIENT & LISTEN® 47



“BE PATIENT & LISTEN” LITERACY ENRICHMENT TOPICS / PROMPTS / STARTERS



OCTOBER

Health Focus: Safety

Color Cue: Slow-down Lavender

In October BE PATIENT & LISTEN

What does “Being Patient and Listening” truly mean to you?

How do you practice “Patience and Listening” skills?
(at school? at home? in your community?)

List your “Top 5” Reasons for “Being Patient and Listening.”
(To fit your time allotment change 5 to a smaller number.)

Explain how “Being Patient and Listening” resulted in something positive.

Describe how you feel when someone is not patient or does not listen to you.

How can you improve your own patience and listening skills? Explain.

Describe what may happen if you **don’t listen** to the information needed for a test.

Have you recently read a book or watched a tv program where patience and listening skills were used? Explain how?

What do you practice to be safe from harm at school? at home? in your community?

List and explain your family’s fire safety plan. If you don’t have one, write one now and discuss this with your family tonight!

Use your imagination and draw a “Super Hero” type character representing this month’s Caring Habit. Give him/her a name, buzz-word or slogan, etc.

Draw a picture or write a story* (*song, poem or rap) using as many of this month’s Character Education Words-2-Learn as possible. They are: Attend, Caring, Consideration, Courage, Courtesy, Fairness, Humility, Listen, Moderation, Patience, Punctuality, Quiet, Respect, Responsibility, Self-control, Sportsmanship, Tranquil, Understanding, Value Others, and Wait Your Turn. (Definitions available in the “Character Education Words-2-Learn” Section of your Idea Book.)



In October BE PATIENT & LISTEN Color Cue: Slow-down Lavender Health Focus: Safety

OCTOBER



Write a story about you and a friend getting lost in the woods.



Lined writing area for the story.



Two additional lines for writing.

“BE PATIENT & LISTEN” LITERACY ENRICHMENT READING BOOK LISTS

**Primary, Young Adult
and Mature Readers**

“ Together we brighten the world we all share.”

-ELAINE PARKE

OCTOBER

Color Cue: SLOW-DOWN LAVENDER

BE PATIENT & LISTEN® 53



ABBREVIATIONS KEY

Review Sources and Awards

A.L.A.	American Library Association
AP	Appraisal
BC	Bulletin: Center for Children's Books
BK	Book Links
BL	Book List
CH	Choice
CM	Caldecott Medal/Honor
CS	Child Study Children's Book Committee
EL	Emergency Librarian
ES	Elementary School Library Catalog
FO	Five Owls
HB	Horn Book
KL	Kliatt
KR	Kirkus Reviews
LA	L.A. Recommended Foreign Language
LJ	Library Journal
LT	Library Talk
MR	Multicultural Review
NB	Notable Book
NM	Newbery Medal/Honor
NT	New York Times
PW	Publisher's Weekly
RR	Reference and Research News
SL	School Library Journal
V.O.Y.A.	Voice for Youth Advocates
WC	Wilson's Children
WM	Wilson's Middle and Junior High
WS	Wilson's Senior High
*	starred review

OTHER ABBREVIATIONS

K	Kindergarten
IL	Interest Level
RL	Reading Level
YA	Young Adult

“BE PATIENT & LISTEN”

Young Adult Reading Book List

(Grades 4 thru 8)

A is for Aarrgh!



William J. Brooke
J. Cotler Books, 1999
249 p., IL 5-8, RL 6, Fiction (SL, PW, BL, HB, BC)

Mog, a Stone Age boy, discovers words and language. When he teaches the others who live in his cave how to talk, he changes the course of history.

Alice in April



Phyllis Reynolds Naylor
Atheneum, 1993
IL 5-8, RL 5.4, Fiction (SL, PW, BL, HB, V.O.Y.A., VO, KR)

When seventh-grade Alice discovers that turning thirteen will make her the woman of the house, she begins a campaign for greater appreciation for caring for her father and older brother.

“Always Wear Clean Underwear!”: and Other Ways Parents Say “I Love You”



Marc Gellman; Illustrated by Debbie Tilley
Morrow Junior Books, 1997
164 p., IL 3-6, RL 4.2, Non-fiction (SL, BL, NY)

Explains both the small and large meanings of the things almost all parents tell their children: “Don’t talk with your mouth full!” “Eat your vegetables!” “Always wear clean underwear!”

Arthur, for the Very First Time



Patricia MacLachlan; Illustrated by Lloyd Bloom
Harper & Row, 1980
117 p., IL 3-6, RL 3.5, Fiction (WC, ES, A.L.A., NB, SL, BK, HB*, RR)

When Arthur spends his summer with an unconventional aunt and uncle, he learns to look at everything in his life, including himself, differently.

The Boy Who Ate Words



Thierry Dedieu; Translated from the French by Julie Hattis with Lory Frankel
H.N. Abrams, 1997
37 p., IL 3-6, RL 3.5, Fiction, (SL, LT)

Gabby asks questions so fast, no one can understand him. When he loses his voice, Gabby learns to communicate with facial expressions and gestures.

The Courage of Sarah Noble



Alice Dalgliesh; Illustrated by Leonard Weisgard
52 p., IL 3-6, RL 4.4, Fiction (WC, NM, SL, CS, LJ, BL, NY, HB)

Leaving the rest of the family behind, eight-year-old Sarah and her father go alone into the wilderness to build a new home for them all. When the home is finished, Sarah stays with the Indians while her father goes to bring back the rest of the family.

Dacey’s Song



Cynthia Voight
Atheneum 1982
196 p., IL 5-8, RL 5.2, Fiction (WC, WM, ES, NM, BL, BC, V.O.Y.A., VO)

In this Newbery Award winning sequel to *“Homecoming,”* the four Tillerman children are now living with their grandmother. Dacey discovers that their new life will require love, trust and courage as well as humor.

Earthquake Terror



Peg Kehret
Cobblehill Books, 1996
132 p., IL 5-8, RL 4.2, Fiction (WC, SL, BL, HB, BC, EL, KR, LT)

When an earthquake hits the isolated island where his family had been camping, twelve-year-old Jonathan must keep himself, his partially paralyzed sister, and their dog alive until help comes.

A Fire In My Hands: A Book of Poems



Gary Soto
Scholastic, 1990
63 p., IL 5-8, RL 5.9, Non-fiction (SL, BK, BL, HB, V.O.Y.A., VO)

A poetry collection about many daily experiences: family, friends, growing up, etc.

The Forgotten Door



Alexander Key
Scholastic, 1965
140 p., IL 3-6, RL 3, Fiction (LJ, HB)

Time is running out for John who has fallen through a forgotten door to a strange and violent planet. Even the family that helps him is in danger. If John doesn't soon find the passage to return, he may have to remain on Earth for the rest of his life.

Ghost Horses



Gloria Skurzynski and Alane Ferguson
National Geographic Society, 2000
Series: National Parks Mystery #6
145 p., IL 5-8, RL 5.8, Fiction (SL, BL)

While vacationing in Zion National Park, twelve-year old Jack is faced with the strange actions of his new foster brother, a Shoshone boy, and the odd behavior of a band of mustangs.

The Great Gilly Hopkins



Katherine Paterson
Harper Collins, 1978
148 p., IL 5-8, RL 5.3, Fiction (WC, WM, ES, NM, BK, BL, V.O.Y.A., VO)

Eleven-year old Gilly has been shuttled from one foster home to another so often she can't be sure how many different schools and families she's been in. Her greatest wish is to be with her mother. As she gradually comes to accept her new school and family, Gilly learns that not only is life not always fair, but sometimes getting your wish is not what you really want. This Newbery Honor book is a MUST READ for any one who works with children.

Incident at Hawk's Hill



Allan W. Eckert; Illustrated by John Schoenherr
Little, Brown, 1971
207 p., IL 5-8, RL 6.6, Fiction (WC, WS, ES, NM, BK, CS, BL)

Based on an actual event, six-year old Jamie can't communicate with his pioneer family, but when tragedy strikes and he is lost on the Canadian prairie, a badger who has lost her litter comes to his rescue. This Newbery Award winner is a powerful story that will be remembered long after the book is finished.

Joey Pigza Swallowed the Key



Jack Gantos
Farrar, Straus & Giroux, 1998
153 p., IL 5-8, RL 5.2, Fiction (WC, WM, ES, SL*, A.L.A., NB, FO, HB*, PW*)

When his medication wears off, Joey has trouble paying attention and controlling his mood swings resulting in Joey getting worked up, acting weird, and upsetting his mother and teachers.

Koko's Kitten



Francine Patterson; Photographs by Ronald H. Cohn
Scholastic, 1985
32 p., IL 3-6, RL 4.6, Non-fiction (WC, ES, SL, BL, BC, AP, A.A.A.S., SB, LA)

Featured on PBS "Reading Rainbow", this is the incredible true story of Koko, a gorilla who uses sign language to communicate with her human handlers, and the kitten she loved and grieved for when it died.

Koko-love!: Conversations With a Signing Gorilla



Francine Patterson; Photographs by Ronald H. Cohn
Dutton Children's Books, 1999
31 p., IL 3-6, RL 5.6, Non-fiction (WC, SL, BL)

The remarkable true story of Koko, the gorilla who uses sign language to communicate with humans.

The Loner



Ester Wier
Scholastic, 1991
151 p., IL 5-8, RL 5.8, Fiction (NM)

This Newbery Honor book is about a homeless orphan who is befriended by a family who gives him both a home and a name, but the boy's greatest fear is that it won't continue.

Make a Wish, Molly



Barbara Cohen
Bantam Doubleday Dell Books for Young Readers, 1995
34 p., IL 3-6, RL 4.2, Fiction (SL, PW, BL, HB, KR, LT)

In this sequel to *"Molly's Pilgrim,"* Molly, whose family has recently emigrated from Russia to New Jersey, learns about birthday parties and real friendship.

Muggie Maggie



Beverly Cleary
Avon Camelot, 1990
70 p., IL 3-6, RL 5.1, Fiction (WC, ES, SL, HB)

Third grader Maggie refuses to learn cursive writing until she discovers that it can open up a new world of knowledge to her.

Oddballs



William Sleator
Puffin Books, 1993
134 p., IL 5-8, RL 7.3, Fiction (WM, A.L.A., NB SL, BK, BL, HB, BR)

The author's youth, his unusual family and strange assortment of friends are the subjects of this collection of stories.

P.S. Longer Letter Later



Paula Danziger and Ann M. Martin
Scholastic Press, 1998
234 p., IL 5-8, RL 5.9, Fiction (WC, WM, ES, A.L.A., NB, SL, PW*, BL, NY)

When twelve-year-old Tara Starr's family moves to another state, she and her best friend Elizabeth, remain friends and keep in touch by writing letters to each other.

The Red Badge of Courage



Stephen Crane
Vintage Books, 1990
143 p., YA, Fiction (WS, WM)

The classic story of a young Union soldier's realistic experiences during the Civil War.

The Sandy Bottom Orchestra



Garrison Keillor and Jenny Lind Nilsson
Hyperion Books for Children, 1996
263 p., IL 5-8, RL 7.5, Fiction (WM, A.L.A., NB, PW, BL, KR*, BC, BR)

When playing her violin, fourteen-year-old Rachel can briefly forget her eccentric family. Eventually she learns to accept and appreciate them for the individuals they are.

Search for the Shadowman



Joan Lowery Nixon
Delacorte Press, 1996
149 p., IL 5-8, RL 6.5, Fiction (WM, SL, BK, BK, BL, HB, BC, BR)

When his seventh grade history teacher assigns a genealogy project, Andy decides to solve the mystery of a distant relative accused of stealing the family's money.

Smart Dog



Vivian Vande Velde
Harcourt Brace, 1998
146 p., IL 3-6, RL 6.3, Fiction (WC, SL, PW, HB, BC, LA)

When a talking dog escapes from the university laboratory, fifth grade Amy tries to hide him and fills her life with complications.

Souder



William Howard Armstrong
Harper Collins, 1969
116 p., IL 5-8, RL 6.5, Fiction (WC, WM, ES, NM, SL, CS, BL, NY)

This powerful and unforgettable Newbery Award winner is a story of courage and understanding in the face of terrible adversity. When the father of a sharecropping family is imprisoned for stealing food to feed his children, the family survives his sentence thanks in part to the devotion of their hunting dog, Souder.

Stone Fox



John Reynolds Gardiner; Illustrated by Marcis Sewall
Crowell, 1980
85 p., IL 3-6, RL 4.7, Fiction (WC, SL, CS, LA)

When Willie's grandfather becomes seriously ill, it seems they will lose the family farm until Willie discovers the first prize for the National Dog Sled Race would be enough to pay the back taxes. Willie believes his dog Searchlight is fast, but is she fast enough to defeat the Indian Stone Fox and team of champion Samoyeds?

Tales of a Fourth Grade Nothing



Judy Blume; Illustrated by Roy Doty
Dell, 1972
120 p., IL 3-6, RL 4.9, Fiction (WC, SL, CS., A.A.S.L., SQ, LJ, PW, BL, BC)

Faced with the antics of his two-year-old brother, Fudge, and the demands of his father's advertising job, fourth-grade Peter begins to feel more and more like a "nothing". How Peter comes to terms with Fudge and his parents will leave the reader laughing.

Totally Confidential



Sally Warner
Harper Collins, 2000
195 p., IL 3-6, RI 4.8, Fiction (SL, PW, BL, BC, KR)

After Quinney sets herself up as a professional listener and adviser, she soon finds herself needing advice for dealing with her friends and unusual family.

The Trumpet of the Swan



E.B. White; Illustrated by Fred Marcellino
Harper Collins, 2000
251 p., IL 3-6, RL 5.9, Fiction (NY)

When Louis the swan is born without a voice, his father immediately make plans to help his son communicate, first by attending school with humans so he can write messages (that the other swans can't read), then by stealing a trumpet for Louis to play. In order to pay for the trumpet, Louis leaves home and the beautiful Serena, the swan he loves.

Tuck Everlasting



Natalie Babbitt
Farrar, Straus, Girous, 1975
139 p., IL 5-8, RL5.9, Fiction (WC, ES, SL, BK, CS, LJ, BL, NY)

The Tuck family protects a miraculous spring that stops anyone from growing older, but problems arise when the secret is discovered by a ten-year-old girl and an evil stranger.

Utterly Yours, Booker Jones



Betsy Duffey
Viking, 1995
116 p., IL 5-8, RL 5.8, Fiction (ES, BK, CS, HB, V.O.Y.A., VO, LT, KL)

Middle-school student Booker's plans to become an author are disrupted when his grandfather moves into Booker's bedroom.

The Watsons Go To Birmingham – 1963



Christopher Paul Curtis
Bantam Doubleday Dell Books for Young Readers, 1997
210 p., IL 5-8, RL 5, Fiction (WC, WM, NM, SL*, A.L.A., NB, CS, HB*, KI)

Winner of the Coretta Scott King Award and the Newbery Honor medal, this book is the funny and not-so-funny adventures of an African-American family from Michigan whose lives are dramatically changed after a visit to their grandmother in Alabama during the summer of 1963.

When Hitler Stole Pink Rabbit



Judith Kerr Putnam & Grosset, 1997
191 p., IL 5-8, RL 5., Fiction (WC, WM, ES, LJ, BL, KR)

The story of a nine-year-old Jewish girl and her family in the early 30's as they flee from Hitler's Germany to England, leaving nearly all of their possessions behind.

Where the Lilies Bloom



Vera and Bill Cleaver; Illustrated by Jim Spanfeller
Harper Collins, 1969
174 p., IL 5-8, RL 5.5, Fiction (WC, WM, ES, BK, CS, BC)

When their father dies leaving them alone, the children are afraid of being taken from their home in the Great Smokey Mountains and placed in different foster homes. The children hide his death, struggling to remain together as a family.

Willie, the Frog Prince



C.S. Adler Clarion Books, 1994
163 p., IL 5-8, RL 5.4, Fiction (WM, SL, CS, PW, BL, HB, KR, LT)

Eleven-year-old Willie has a hard time getting along with his perfectionist father until he becomes friends with Marla and tries to help with her difficult home life.

You Don't Need Words!: A Book About Ways People Talk Without Words



Ruth Belov Gross; Illustrated by Susannah Ryan
Scholastic, Inc., 1991
47 p., IL 3-6, RL 4.8, Fiction (SL, PW)

This book covers sign language and other types of nonverbal communication.

Youn Hee and Me



C.S. Adler Harcourt Brace, 1995
183 p., IL 3-6, RL 3.5, Fiction (WC, SL, CS, PW, BL, BC, V.O.Y.A., VO, MR)

When Caitlin's adopted Korean brother's eleven-yr-old sister arrives, the family is faced with many problems, but with patience and understanding they all become one family.

“BE PATIENT & LISTEN”

Primary Reading Book List

(Grades K thru 3)

Abbreviation Code Key on page 48

Chicken Soup for Little Souls: A Dog of My Own



Lisa McCourt; Illustrated by Katya Krenia
Health Communications, 1998
32 p., IL K-3, RL 5.5, Non-fiction

Inspired by the best-selling book *“Chicken Soup for the Soul”* by Jack Canfield and Mark Victor Hansen, this story is for younger readers. When Ben rescues a frightened dog, he must use love and patience to earn the dog’s trust.

A Chocolate Moose for Dinner



Fred Gwynne
Aladdin Paperbacks, 1976
47 p., IL K-3, RL 1.9, Easy (BK)

A delight for all ages, each turn of the page illustrates phrases and words that can be confusing to the listener: shoe trees, a chocolate moose, and gorilla war are just a few. Now out-of-print, the author’s *“The King Who Rained”* and *“The Sixteen-hand Horse”* will provide lots of fun for any reader who finds them.

Five Minutes' Peace



Jill Murphy
Penguin Putnam Books for Young Readers, 1999
30 p., IL K-3, RL 3.6, Easy

Every mother can identify with Mrs. Large: all she wants is a nice, peaceful, relaxing bath, but her children each decides that this is exactly the moment Mom's attention is needed. Delightful reading for anyone who is part of a family!

Franklin's Bad Day



Paulette Bourgeois and Brenda Clark
Kids Can Press, 1996
32 p., IL K-3, RL 2.8, Easy

One of the stories from the popular series of books and TV show about Franklin the turtle, his family and friends. Franklin feels sad, grumpy and mean when he discovers his best friend Otter is moving away. A heart-to-heart talk with his dad helps Franklin to feel better.

Gerald McBoing Boing



Dr. Seuss; Pictures adapted by Mel Crawford
Random House, 2000
32 p., IL K-3, RL 4, Easy (PW, KR)

Originally an Academy Award winning motion picture, this great story is now a book everyone can enjoy. Gerald has his family and friends in an uproar: the only way he communicates is with toots, boings and whistles!

A Kente Dress for Kenya



Juwanda G. Ford; Illustrated by Sylvia Walker
Scholastic, 1996 Series: Kenya Growing Up Proud
32 p., IL K-3, RL 4.8, Easy

When Kenya's class is chosen to do a special program for Parent's Night, she decides to share her favorite activity of listening to her grandmother's funny West-African folk tales while wearing a special dress made of traditional kente cloth.

Knots on a Counting Rope



Bill Martin, Jr. and John Archambault; Illustrated by Ted Rand.
H. Holt, 1987
32 p., IL K-3, RL 2.8, Easy (WC, BK, KR)

Featured on PBS "Reading Rainbow", a Native American grandfather tells his blind grandson about the boy's birth, reminds him of his first horse and other important events in the boy's life.

Martha Speaks



Susan Meddaugh
Houghton Mifflin, 1992
32 p., IL K-3, RL 4.3, Easy (WC, A.L.A., NB, SL, BK, PW, BL, NY, EL)

When Martha, the family dog, eats a bowl of alphabet soup, she learns to talk – and talk and talk and talk! Problems develop as Martha over-uses her new ability. Eventually everyone learns that sometimes silence is wonderful, and at others, speech is necessary.

Mr. Noisy



Roger Hargreves
Price, Stern, Sloan, 1997
32 p., IL K-3, RL 3, Easy

With the help of his friends, Mr. Crumb and Mr. Bacon, Mr. Noisy learns to lower his voice and generally go more gently through life. This is one of many funny books by the author focusing on a single character trait.

The Patchwork Quilt



Valerie Flournoy; Illustrated by Jerry Pinkney
Dial Books for Young Readers, 1985
Series: Reading Rainbow Book
32 p., IL K-3, RL 3.5, Easy (WC, ES, A.L.A., NB, BK, KI, BL KR)

Featured on PBS “Reading Rainbow” and winner of the Coretta Scott King Award, this wonderful story tells how Tanya and her grandmother use scraps of her family’s worn-out clothing to make a beautiful quilt that becomes a history of her family’s life.

Prairie Dogs Kiss and Lobsters Wave: How Animals Say Hello



Marilyn Singer; Illustrated by Normand Chartier
H. Holt, 1998
32 p., IL K-3, RL 4.7, Non-fiction (ES, SL, BL, AP, LA)

This fascinating fact book describes how different animals communicate and behave in their homes.

The Relatives Came



Cynthia Ryland; Illustrated by Stephen Gammell
Simon & Schuster Books for Young Readers, 1985
32 p., IL K-3, RL 3.1, Easy (WC, ES, CM, A.L.A., NB, BK, BL)

When a Newbery award-winning author teams with a Caldecott award-winning illustrator to tell the story of relatives who live in another state coming to visit, the result is this wonderful Caldecott Honor book. Everyone makes room and they all have a great time.

The Treasure Hunt

Bill Cosby; Illustrated by Varnette P. Honeywood
Scholastic Inc., 1997
Series: Little Bill Books for Beginning Readers
38 p., IL K-3, RL 2.8, Easy (SL, BL, BC, KR)

On a rainy day, while each family member enjoys a special activity with a treasured collection, Little Bill discovers his own treasure – a talent for storytelling. The popular television series is based on the books in this series.

Without Words

Joanne Ryder; Photographs by Barbara Sonneborn
Sierra Club Books for Children, 1995
32 p., IL K-3, RL 3, Non-fiction (SL, AP, LA)

Poetry exploring how people and animals communicate without words – by touch, looks, or actions.

“BE PATIENT & LISTEN”

Mature Readers Book List (Mature Readers, Teachers and Adults)

Abbreviation Code Key on page 48

Don't Sweat the Small Stuff With Your Family: Simple Ways to Keep Daily Responsibilities and Household Chaos From Taking Over Your Life



Richard Carlson
Hyperion, 1998
255 p., YA, Non-fiction

Advise and simple steps for how to improve the quality of your life and how to live in a calmer and more worry-free home.

Everything You Need To Know About Effective Communication At School and At Work



Annie Leah Sommers
Rosen, 2000
Series: The Need To Know Library
64 p., YA, Non-fiction

This book explains the importance of effective communication, both written and spoken, at school and at work, and suggests techniques for improving communication skills.

Help! My Teacher Hates Me



Meg F. Schneider, Consulting Editor, Dennis Meade;
Illustrated by David Goldin
Workman Pub., 1994
278 p., YA, Non-fiction (BL, KL)

A book detailing how to take control and survive junior high school. Topics include: Grade Grief, Home-work Hang-ups, Who Can Help?, Teacher Tension, and much more.

How Rude!: The Teenagers' Guide to Good Manners, Proper Behavior, and Not Grossing People Out



Alex J. Packer; Edited by Pamela Espeland; Illustrated by Jeff Tolbert
Free Spirit Pub., 1997
465 p., YA, Non-fiction (WS, WM, A.L.A., NB, SL, BL, V.O.Y.A., VO, KL)

A funny and practical guide to social skills and good manners, the book covers such topics as school manners, eating, clothes, and family life.

Join the Golden Rule Revolution



Elaine Parke; Illustrated by Darlene Patrick
Caring Media International, 2000
288 p., IL Everyone, RL Any, Non-fiction

More nourishing than chicken soup. This book is a refreshing year-round recipe of heart warming daily inspirations, poems and action tips— all organized into lively monthly themes—that transform Golden Rule Habits into happiness. See October - Be Patient and Listen section for daily teacher / classroom / family reading.
WARNING! This book is habit-forming. *May cause a happier life.*

Straight Talk About Parents



Elizabeth A. Ryan
Facts on File, 1989
130 p., YA, RL 7.3, Non-fiction (WM, BL, V.O.Y.A., VO)

Parent-child relationships, family communication, family issues and how families work are some of the topics covered.

“BE PATIENT & LISTEN” POPULAR MUSIC

“ Together we brighten the world we all share.”

-ELAINE PARKE

OCTOBER

Color Cue: SLOW-DOWN LAVENDER

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“BE PATIENT & LISTEN”

List of Popular Music

Colors of The Wind
 I Wouldn't Mind- He is We
 Little Do You Know- Alex & Sierra
 Stay- Zedd featuring Alessia Cara
 I Won't Let Go- Rascal Flatts
 Waiting for Superman- Daughtry
 A Thousand Years- Christina Perry
 Take Your Time- The Fray
 Take it Easy- Hopeton Lewis
 Will Wait For You - *Frank Sinatra*
 I'll Be There - *Jackson 5*
 Colors Of The Wind (Pocahantas) - *Vanessa Williams*
 Leader Of The Band - *Dan Fogelberg*
 Up, Up With People
 United We Stand - *Glen Campbell & Anne Murray*
 I Just Called To Say I Love You - *Stevie Wonder*
 You're The Top - *Anything Goes*
 Till There Was You - *The Music Man*
 A Wonderful Guy - *South Pacific*
 My Cup Runneth Over - *Ed Ames*
 People - *Barbra Streisand*
 I'll Get By (As Long As I Have You)
 Don't Be Cruel - *Elvis Presley*
 Always On My Mind - *Willie Nelson*
 As Long As He Needs Me - *Oliver!*
 You Decorated My Life - *Kenny Rogers*
 Hopelessly Devoted To You - *Olivia Newton-John*
 Stand By Your Man - *Tammy Wynette*
 Getting To Know You - *The King and I*
 He's Still Working On Me - *The Hemphills*
 The Greatest Love Of All - *Whitney Houston*
 Everybody's Talkin' - *Harry Nilsson*
 Sounds Of Silence - *Simon and Garfunkel*
 I Wish You Love
 I'll be True To You - *The Monkees*
 It's A Nice Face - *Sweet Charity*
 Try A Little Tenderness
 My Guy - *Mary Wells*
 I Will Always Love You - *Dolly Parton*
 Up Where We Belong - *Joe Cocker & Jennifer Warnes*
 Mr. Wonderful

Theme From "Cheers" TV Show
 I Won't Last A Day Without You - *The Carpenters*
 If - *Bread*

 More (Theme From "Mondo Cane")
 When I Need You - *Leo Sayer*
 I'll Never Find Another You - *The Seekers*
 You Make Me Feel Brand New - *The Stylistics*
 Let's Hear It For The Boy - *Denice Williams*

 Sincerely - *The McGuire Sisters*
 You Light Up My Life - *Debby Boone*
 O My Papa - *Eddie Fisher*
 You're Still The One - *Bill Anderson*
 It All Depends On You - *Maurice Chevalier*
 Day Is Done - *Peter, Paul and Mary*
 I Need You
 What Are You Doing The Rest Of Your Life?
 Annie's Song - *John Denver*
 You're The Cream In My Coffee
 Can't Take My Eyes Off You - *Frankie Vallie*
 The Cruel War - *Peter, Paul and Mary*
 Wedding Bell Blues - *The 5th Dimension*
 Growing Up - *Gidget Grows Up*
 One Boy - *Bye, Bye Birdie*
 You Take My Breath Away - *Rex Smith*
 Because Of You - *Les Baxter Orchestra*
 Speak Softly, Love - *The Godfather*
 I Only Have Eyes For You - *The Flamingos*
 He's My Friend - *The Unsinkable Molly Brown*
 If He Walked Into My Life - *Mame*
 Cherish - *David Cassidy*
 If I Never Knew You - *Pocahontas*
 It Might Be You - *Tootsie*
 Can You Feel The Love Tonight - *The Lion King*

 Thank You For Being a Friend (Theme From *The Golden Girls*)

List other music that fits the BE PATIENT & LISTEN theme below.

“BE PATIENT & LISTEN” STORIES & POEMS

“ Together we brighten the world we all share.”

-ELAINE PARKE

STORIES AND POEMS
STORIES & POEMS

OCTOBER

Color Cue: SLOW-DOWN LAVENDER **BE PATIENT & LISTEN®** 73

“BE PATIENT & LISTEN”

Stories and Poems

THE SPEEDER

Sitting on the side of the highway waiting to catch speeding drivers, a State Police Officer sees a car pattering along at 22 mph. He thinks to himself, “This driver is just as dangerous as a speeder!” He turns on his lights and pulls the driver over.

Approaching the car, he notices that there are five old ladies, two in the front seat and three in the back. They are wide-eyed and white as ghosts. The driver, obviously confused, says to him, “Officer, I don’t understand, I was doing exactly the speed limit!

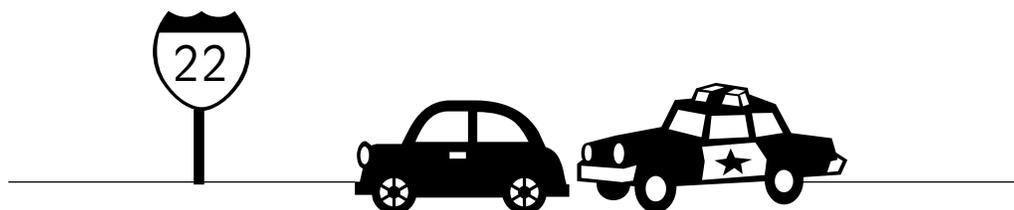
“Ma’am,” the officer replies, “you certainly weren’t speeding, but you should know that driving slower than the speed limit can also be a danger to other drivers.”

“Slower than the speed limit? No sir, I was doing the speed limit exactly . . . Twenty- two miles an hour!” the old woman says a bit proudly.

The State Police officer, trying to contain a chuckle explains to her that “22” was the route number, not the speed limit. A bit embarrassed, the woman grinned and thanked the officer for pointing out her error.

“But before I let you go, Ma’am, I have to ask . . . is everyone in this car OK? These women seem awfully shaken and they haven’t said a single word this whole time,” the officer notices, with concern.

“Oh, they’ll be all right in a minute officer. We just got off Route 119!”



SLOW DANCE

Have you ever watched kids
On a merry-go-round?
Or listened to the rain
Slapping on the ground?
Ever followed a butterfly's flight
Or gazed at the sun into the fading night?

You better slow down.
Don't dance so fast.
Time is short.
The music won't last.

Do you run through each day — On the fly?
When you ask "How are you?"
Do you hear the reply?

When the day is done,
Do you lie in your bed
With the next hundred chores
Running through your head?

You'd better slow down.
Don't dance so fast.
Time is short.
The music won't last.

Ever told your child,
We'll do it tomorrow?
And in your haste,
Not see his sorrow?

Ever lost touch,
Let a good friendship die
'Cause you never had time
To call and say "Hi"?

You'd better slow down.
Don't dance so fast.
Time is short.

When you run so fast to get somewhere
You miss half the fun of getting there.
When you worry and hurry through your day,

It is like an unopened gift....
Thrown away.

Life is not a race.
Do take it slower
Hear the music
Before the song is over.

"THREE LITTLE WORDS" for October

by Victor M. Parachin

"I Understand You."

People become closer and enjoy each other more if they feel the other person is accepting and understanding. Dr. John Gottman is a psychologist at the University of Washington who has studied more than 2,000 married couples. In his book, *Why Marriages Succeed or Fail*, Dr. Gottman stresses the importance of acceptance and understanding.

Although his comment is directed to married couples, his advice is applicable to any relationship. "Letting your spouse know in so many little ways, that you understand him or her, is one of the most powerful tools for healing your relationship."



"LETTING GO"

by Pearl Simmons

can't protect you anymore.
I can't make your hurt go away.
I tell you I love you and show you I care.
I try to help out when things don't seem fair.

But my power as a mother goes only so far.
I can't always reach the places you are.
I want to be close like we were before,
But you want to move on — to discover what's more.

When you were a baby, I'd hold you tight,
And keep you forever within my sight.
I could satisfy your every need,
It was an easy time for us indeed.

And when you were a toddler and scraped your knee,
You'd hold out your arms and run to me.
I'd kiss where it hurt and make it feel fine.
A hug and a kiss worked every time.

I was always the one you turned to then.
I wish it could be like that again.
But now when you're sad you turn away,
And I don't know what words to say.

You're my little boy, but you're growing up fast.
I feel you slipping from my grasp.
I want to hold on, but I know it's time
For me to let go of this child of mine.



"LETTING GO" *continued*

I long to protect you, to shield you from pain.
But I have to remind myself time and again,
That you have to experience life on your own,
While I stand back and leave you alone.

You're still so young, but you've already found
How kids can be mean when I'm not around.
School kids tease you and call you names.
They make fun of you and play cruel games.

I tell you not to worry, that it'll be all right,
I tell you to be brave, yet I can't make things right.
I try to listen and to hold you near,
To give you solace and allay your fear.

I try to be there when the going gets tough.
Sometimes growing up can be so rough.
But I also feel proud of the person you are.
I know that you're strong and that you'll go far.

I realize it's time to start letting go.
I've taught you so much of the things that I know.
As you step forward, I'll take two steps back.
It's not easy for me, but I'll soon get the knack.

I'm letting go, but I'll never be far.
You can always reach me wherever you are.
I watch you proudly as you start on your way.
My love goes with you as we start a new day.

“BE PATIENT & LISTEN” INSPIRING QUOTES

“ Together we brighten the world we all share.”

-ELAINE PARKE

OCTOBER

“BE PATIENT & LISTEN”

Inspiring Quotes

(Listed alphabetically by Author's Last Name)

Use these quotations in morning announcements, radio spots, closed circuit television, monthly calendars or other forms of communications during the month. Other classroom activities using quotes are listed on pages 20 and 21.

A closed mouth gathers no feet.

AUTHOR UNKNOWN

There was an educational channel in the good old days - it was called "OFF."

AUTHOR UNKNOWN

Remember the forgotten shreds of simplicity in our quiet hearts.

AUTHOR UNKNOWN

Life is a trial, mile by mile, life is hard, yard by yard; but life is a cinch, inch by inch.

AUTHOR UNKNOWN, OLD ENGLISH SAYING

'Silent' and 'Listen' are spelled with the same letters.

AUTHOR UNKNOWN

The most called-upon prerequisite of a friend is an accessible ear.

MAYA ANGELOU, AMERICAN POET, "THE HEART OF A WOMAN"

There is no such thing as preaching patience into people, unless the sermon is so long that they have to practice it while they listen.

HENRY WARD BEECHER

There are sounds to seasons. There are sounds to places, and there are sounds to every time in one's life.

ALISON WYRLEY BIRCH

Loving a child doesn't mean giving in to all his whims; to love him is to bring out the best in him, to teach him to love what is difficult.

NADIA BOULANGER

Listening, not imitation, may be the sincerest form of flattery.

DR. JOYCE BROTHERS, AMERICAN PSYCHOLOGIST

It is astonishing how short a time it takes for very wonderful things to happen.

FRANCES BURNETT, "LITTLE LORD FAUNTLEROY"

It's just as important to listen to someone with your eyes as it is with your ears.

MARTIN BUXBAUM

***Young men, hear an old man to whom
old men hearkened when he was young.***

AUGUSTUS CAESAR

Be not afraid of growing slowly, be afraid only of standing still.

CHINESE PROVERB

Patience is power; with time and patience the mulberry leaf becomes silk.

CHINESE PROVERB

Patience is sorrow's salve.

CHARLES CHURCHILL

Friendship is nothing else than an accord in all things, human and divine, enjoined with mutual good will and affection, and I am inclined to think that, with the exception of wisdom, no better thing has been given to man.

CICERO

Friendship adds a brighter radiance to prosperity and lightens the burden of adversity by dividing and sharing it.

CICERO

In life, when you don't succeed the first time you try something, you don't just throw up your hands and say it can't be done. Being a good student is hard work, patience, and sticking to it.

WARD CLEAVER, "LEAVE IT TO BEAVER"

Silence is sweeter than speech.

DINAH MULOCK CRAIK, "MAGNUS AND MORNA"

What we anticipate seldom occurs; what we least expected generally happens.

BENJAMIN DISRAELI, FORMER PRIME MINISTER

The most important thing in communication is to hear what isn't being said.

PETER F. DRUCKER

Possess your soul with patience.

JOHN DRYDEN, BRITISH POET

It's easy finding reasons why other folks should be patient.

GEORGE ELIOT, BRITISH AUTHOR

It is a pity that every citizen of every state cannot visit all the others, to see the differences, to learn what we have in common, and to come back with a richer, fuller understanding of America — in all its beauty, in all its dignity, in all its strength, in support of moral principle.

DWIGHT D. EISENHOWER, 34TH PRESIDENT OF THE UNITED STATES

Go off to the house of thy friend, for weeds choke the unused path.

RALPH WALDO EMERSON, AMERICAN AUTHOR, POET AND ESSAYIST

Steady, patient, persevering thinking will generally surmount every obstacle in the search after truth.

EMMONS

Anticipating is even more fun than recollecting.

MALCOLM S. FORBES, SR., AMERICAN BUSINESSMAN

Happiness is like a butterfly. The more you chase it, the more it will elude you. But, if you turn your attention to other things, it comes and softly sits on your shoulder.

VIKTOR FRANKL, HOLOCAUST SURVIVOR AND PHILOSOPHER

He that can have patience can have what he will.

BENJAMIN FRANKLIN, AMERICAN PATRIOT, WRITER AND INVENTOR

The key to everything is patience.
You only get the chicken by hatching the egg, not by smashing it.

ARNOLD H. GLASOW

There is always one moment in childhood when the door opens and lets the future in.

GRAHAM GREENE, BRITISH AUTHOR, "THE POWER AND THE GLORY"

Children don't want to be told; *they want to be shown.*
It takes years of telling to undo one unwise showing.

EILEEN M. HAASE

There is always something left to love.
And if you ain't learned that, you ain't learned nothing.

LORRAINE HANSBERRY, AMERICAN PLAYWRIGHT

One has to grow up with good talk in order to form the habit of it.

HELEN HAYES, AMERICAN ACTRESS, "A GIFT OF JOY"

He will never have true friends who is afraid of making enemies.

WILLIAM HAZLITT

*Love is two people...patiently feeding each other,
not one living on the soul of the other, like a parasite.*

BESSIE HEAD

Happy, thrice happy and more, are they
whom an unbroken bond united
and whose love shall know no sundering quarrels
so long as they shall live.

HORACE

'Tis hard. But what may not be altered is made lighter by patience.

HORACE

The love you give away is the only love you keep.

ELBERT HUBBARD

It's no use trying to be clever — we are all clever here;
just try to be kind — a little kind.

F.J. FOAKES JACKSON

When angry, count ten before you speak; if very angry, a hundred.

THOMAS JEFFERSON, THIRD PRESIDENT OF THE UNITED STATES

The world has narrowed to a neighborhood
before it has broadened to a brotherhood.

LYNDON B. JOHNSON, 36TH PRESIDENT OF THE UNITED STATES

*You can learn many things from children.
How much patience you have, for instance.*

FRANKLIN P. JONES

Genius begins great works; labor alone finishes them.

JOSEPH JOUBERT

Human brotherhood is not just a goal. It is a condition on which our way of life depends. The question for our time is not whether all men are brothers. The question is whether we have the strength and the will to make the brotherhood of man the guiding principle of our daily lives.

JOHN F. KENNEDY, 35TH PRESIDENT OF THE UNITED STATES

**I was once told that the lesson I had to learn in life was patience.
If that is true, I can only say I began life very badly indeed!**

ANNIE KENNEY, "MEMOIRS OF A MILITANT"

You never really understand a person
until you consider things from his point of view.

HARPER LEE, AMERICAN AUTHOR, "TO KILL A MOCKINGBIRD"

While the right to talk may be the beginning of freedom,
the necessity of listening is what makes that right important.

WALTER LIPPMANN, JOURNALIST

All things come round to him who will but wait.

HENRY WADSWORTH LONGFELLOW, AMERICAN POET

In order to be united, we must love one another;
in order to love one another, we must know one another;
in order to know one another, we must meet one another.

DESIRE JOSEPH MERCIER

They also serve who only stand and wait.

JOHN MILTON. BRITISH POET

If I have ever made any valuable discoveries, it has been owing more to patient attention than to any other talent.

SIR ISAAC NEWTON, BRITISH MATHEMATICIAN

Life is much more than how you feel right this minute.

ELAINE PARKE

No matter what difficulty you're facing, the practice of creative patience is a proven road to solutions.

REV. NORMAN VINCENT PEALE, AMERICAN CLERGYMAN AND AUTHOR

Life is entirely too time consuming.

IRENE PETER

But I can love, and love at such a pitch,
As I dare boast it will ev'n you enrich.

KATHERINE FOWLER PHILLIPS

In any contest between power and patience, bet on patience.

W.B. PRESCOTT

When you give someone a fish, you feed them for a day.
When you teach someone to fish, you've fed them for a lifetime.

OLD PROVERB

When you handle yourself, use your head;
when you handle others, use your heart.

DONNA REED, "THE DONNA REED SHOW"

I never met a man (person) I didn't like.

WILL ROGERS, AMERICAN HUMORIST

*What you keep by you, you may change and mend;
but words, once spoken, can never be recalled.*

ROS COMMON

Patience is bitter, but its fruit is sweet.

ROSSEAU

Patience is the companion of wisdom.

ST. AUGUSTINE

Practice patience toward everyone and especially toward yourself.
Never be disturbed because of your imperfections,
but always rise up with fresh courage.

ST. FRANCIS DE SALES

Be patient with everyone, but above all with yourself.

ST. FRANCIS DE SALES

**Be patient with life. Sometimes the road less
traveled is less traveled for a reason.**

JERRY SEINFELD, "SEINFELD"

You are children of eternity. Your immortal crown awaits you,
to reward your duty and love. You may indeed sow here in tears,
but you may be sure there to reap in joy.

ST. ELIZABETH ANN SETON

Unquiet meals make ill digestions.

WILLIAM SHAKESPEARE, BRITISH PLAYWRIGHT AND POET

How poor are they that have not patience!

WILLIAM SHAKESPEARE, BRITISH PLAYWRIGHT AND POET

Give every man thy ear but few thy voice.

WILLIAM SHAKESPEARE, BRITISH PLAYWRIGHT AND POET

Patience!

The windmill never strays in search of the wind.

ANDY J. SKLIVIS

Reprove thy friend privately; commend him publicly.

SOLOON

The saints are the sinners who keep on trying.

ROBERT LOUIS STEVENSON, BRITISH AUTHOR AND ESSAYIST

Today's society will ignore almost any form of rudeness except getting in the express line with two extra items.

PAUL SWEENEY

Any concern too small to be turned into a prayer is too small to be made into a burden.

CORRIE TEN BOOM, "CLIPPINGS FROM MY NOTEBOOK"

Kind words can be short and easy to speak,
but their echoes are truly endless.

MOTHER TERESA, FOUNDER, MISSIONARIES OF CHARITY

The first duty of love is to listen.

PAUL TILICH

We exhort you to admonish the unruly;
cheer the faint-hearted;
support the weak;
be patient toward all.

THESSALONIANS 5:14, "NEW AMERICAN BIBLE"

For fast relief try slowing down.

LILY TOMLIN

There is no greater loan than a sympathetic ear.

FRANK TYGER

**A good listener is not someone who has nothing to say.
A good listener is a good talker with a sore throat.**

KATHERINE WHITEHORN

...the unity that binds us all together, that makes this earth a family,
and all men brothers and all women sisters*, is love.

THOMAS WOLFE, AMERICAN AUTHOR

List "Q UOTES" that you have collected here:

“BE PATIENT & LISTEN” REPRODUCIBLE SECTION

*Please make copies of these
curriculum enrichment (and FUN)
worksheets for each of your
students this month.*

OCTOBER

Item # 012/oc-m

This is your OCTOBER Be Patient & Listen[®]

FUN ACTIVITIES SECTION



Here are some fun activities to enjoy at school or at home!

HOLIDAYS in October.

We all know October is the month when Halloween is celebrated. And of course it's the Wonderful People month to "Be Patient and Listen ." But did you know . . . October is also the month to remember grumps and grouches. *Who are the grouches you know or have known? Why are they grouches, according to your standards? When and why do you get grouchy? Is it a "right" to be grouchy? How long do you stay grouchy? How do you get yourself out of a grouchy mood?*

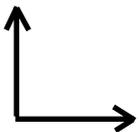
October is also the month to celebrate Columbus Day. October also has a Hug Day! *How many hugs can you give and get in October?* Now that the weather is getting cooler, hugs can serve a dual purpose (feeling good and feeling warm!) Who cares which purpose you are fulfilling, go ahead and give those hugs.

Can you write the number 7 billion, eight hundred and forty million, one hundred ninety five thousand, two hundred and sixteen?
Write eighty-three thousand, six hundred and eleven.....

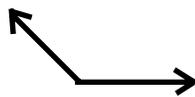
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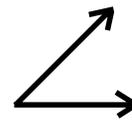
Need a NEW angle?



This is a 90 degree angle



This is an Obtuse angle.
(it is greater than 90 degrees)



This is an Acute angle.
(it is less than 90 degrees)

Learning to type isn't really difficult but it takes time and patience. If you can type 40 words per minute, *how long would it take you to type a letter that had 180 words in it?*.....

There is one fruit that would probably take you longer to eat than any other fruit. You would have to be very patient to eat a whole watermelon. The grocery store had a sale on melons.

You can buy 5 for \$13.45.

How much did each watermelon cost?.....

In **October** and all year-round " **BE Patient** and **Listen.**"[™]



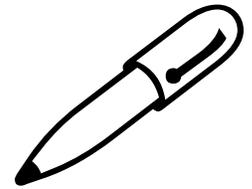
WORD-2-LEARN Story

Well it's October and we all know what to practice this month. That's right "Be Patient and Listen®." Look for the following words in the story below - be patient.....it will take a little time.

I have had many experiences in life that might have turned out better if I had been a little more patient and if I had listened a little more too. I remember my father telling me as a young boy, "If you are talking, you can't learn much." He was right. I do learn more by listening. Out of c _____ I have learned to l _____ to other people.

Too many times we don't take the time or have the c _____ to listen to what others say to us. We all like to be heard, and we all would like people to be a little more patient with us. It should be a r _____ of all of us to practice p _____ and to really listen to others. When we listen, we are showing that we v _____ and value their thoughts. We also demonstrate a little h _____. When we listen carefully we can make good sound judgments about what others have to say.

U _____ others and what they have to say can make a big difference in how well we get along with one another. As adults we are expected to take full responsibility for ourselves, so be sure you are listening to the right people while you are young. A good habit to get into is to w _____ when you are in conversation with others. Let them finish their thought before you jump in with an opinion you may want to add. Just be patient and listen and take your turn. This is especially important when you are listening to your teachers.



- Consideration
- Courtesy
- Humility
- Listen
- Patience
- Responsibility
- Understanding
- Value Others
- Wait your turn



FILL-IN the B _____ s!



- caring
- listen
- patience
- responsibility
- sportsmanship
- understanding
- value others
- wait your turn

As part of the c _____ habit adventure we pay special attention in October to p _____ and listening.

On the sports field, these qualities, and a w _____ attitude, are called s _____.

Patience is a good way to take full r _____ for our selves and our actions.

We all need u _____ and we need to be understood and heard.

We must also learn to l _____ to other people, and v _____ too.

In *October* and all year-round "BE *Patient* and **Listen**.™"



OCTOBER - Be Patient & Listen® PUZZLE

Each number is matched with a letter of the alphabet, but not in the order that we know them. Using the chart below, match the letters to the numbers and you will receive several special messages reminding you to "Be Patient and Listen®".

1	2	3	4	5	6	7	8	9	10	11	12	13
K	N	Y	H	F	A	X	D	U	B	Z	R	S
14	15	16	17	18	19	20	21	22	23	24	25	26
J	I	C	V	T	Q	M	W	O	L	G	E	P



10 25 26 6 18 15 25 2 18 21 15 18 4

25 17 25 12 3 22 2 25 10 9 18 6 10 22 17 25

6 23 23 21 15 18 4 3 22 9 12 13 25 23 5

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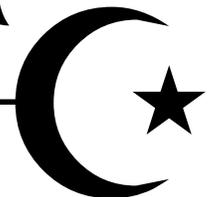
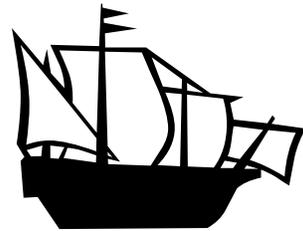
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18 4 6 2 6 13 3 20 26 6 18 4 25 18 15 16 25 6 12



In **October** and all year-round “BE *Pat*ient and **List**en.™”



An Adventurous TRIP to the MOON!



Well, in order to prepare for a ride to the moon, we definitely have to be very patient, and listen. We wouldn't want to get in too big a hurry and go in the wrong direction. We certainly need to listen to the advice of the people at mission control who know more than we do about space travel.

Now that we have designed our space craft and it is ready for lift off, let's look at the part of space we must travel through. In order to travel from the earth to the moon, we will travel through the atmosphere.

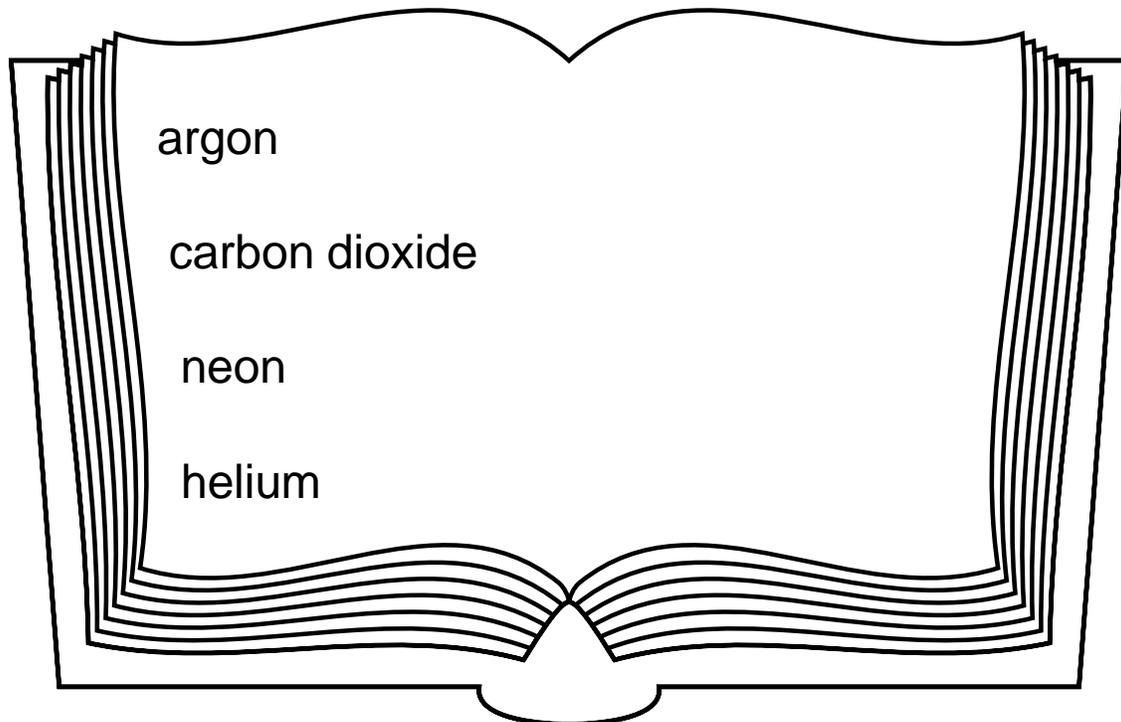
The atmosphere is a mixture of gases surrounding the earth. The force of gravity is what maintains the atmosphere around the earth. You may want to look up gravity, and it's effect on the earth and the atmosphere.

Some of the gases that make up the atmosphere are nitrogen, oxygen, argon, carbon dioxide, and traces of neon, helium, methane, krypton, hydrogen, xenon, and ozone. Other things in the atmosphere are water vapor and particle matter such as dust and industrial pollutants.

The atmosphere is separated into certain distinct regions, each having a different temperature range. One region is the troposphere. We will learn more about these regions as we travel through them.

We already learned a little about gases. We looked up oxygen and found that oxygen is a colorless, odorless, and tasteless gas, forming about $\frac{1}{2}$ (by volume) of the atmosphere. Oxygen is essential to life, combustion, etc.

We also looked up nitrogen, and found it is a nonmetallic, gaseous chemical element, that is colorless, odorless, and tasteless. Nitrogen makes up nearly four-fifths of the atmosphere. Now let's look up some more gases:



Well, until next month and the next segment of our moon trip, remember to be patient and listen, especially about our journey into space.

In *October* and all year-round “BE *Patient* and **Listen.**™”



Remember ALL Twelve and Do It Too!

Every one of the 12 Habits for Wonderful People can remind us of a way to Be Patient & Listen™. Below are 12 ways that we have thought of. Can you think of 12 more? List yours below.



- JAN **Lend a Hand** *Just listening to someone can really help them out.*
- FEB **You Count** *You count when you are patient and understanding of others.*
- MAR **Resolve Conflicts** *Too many times conflicts start because someone did not take the time to listen to others.*
- APR **Take Care of Our Environment** *Listen to nature and it will be easier to do your part to take care of our environment.*
- MAY **Be Grateful** *Learn to listen to others, and appreciate that what they say may be of value to you.*
- JUNE **Be Adventurous** *Sometimes just listening to others can encourage us to make changes in our lives.*
- JULY **Become Involved** *Get out and listen to what people are saying about issues; get involved with what is going on around you.*
- AUG **Know Who You Are** *Know who you are. You are important. You can make a difference.*
- SEPT **Do Your Best** *Be patient and listen to others who you can learn from, and then, do your best.*
- OCT **Be Patient and Listen** *(This one is for you to write in - you know it)*
- NOV **Show a Positive Attitude** *If you don't think things are the way you want them to be, just be patient and work to change them with a positive attitude.*
- DEC **Celebrate Community Family & Friends** *Be patient with your family members when they take time to give advice and guide you.*



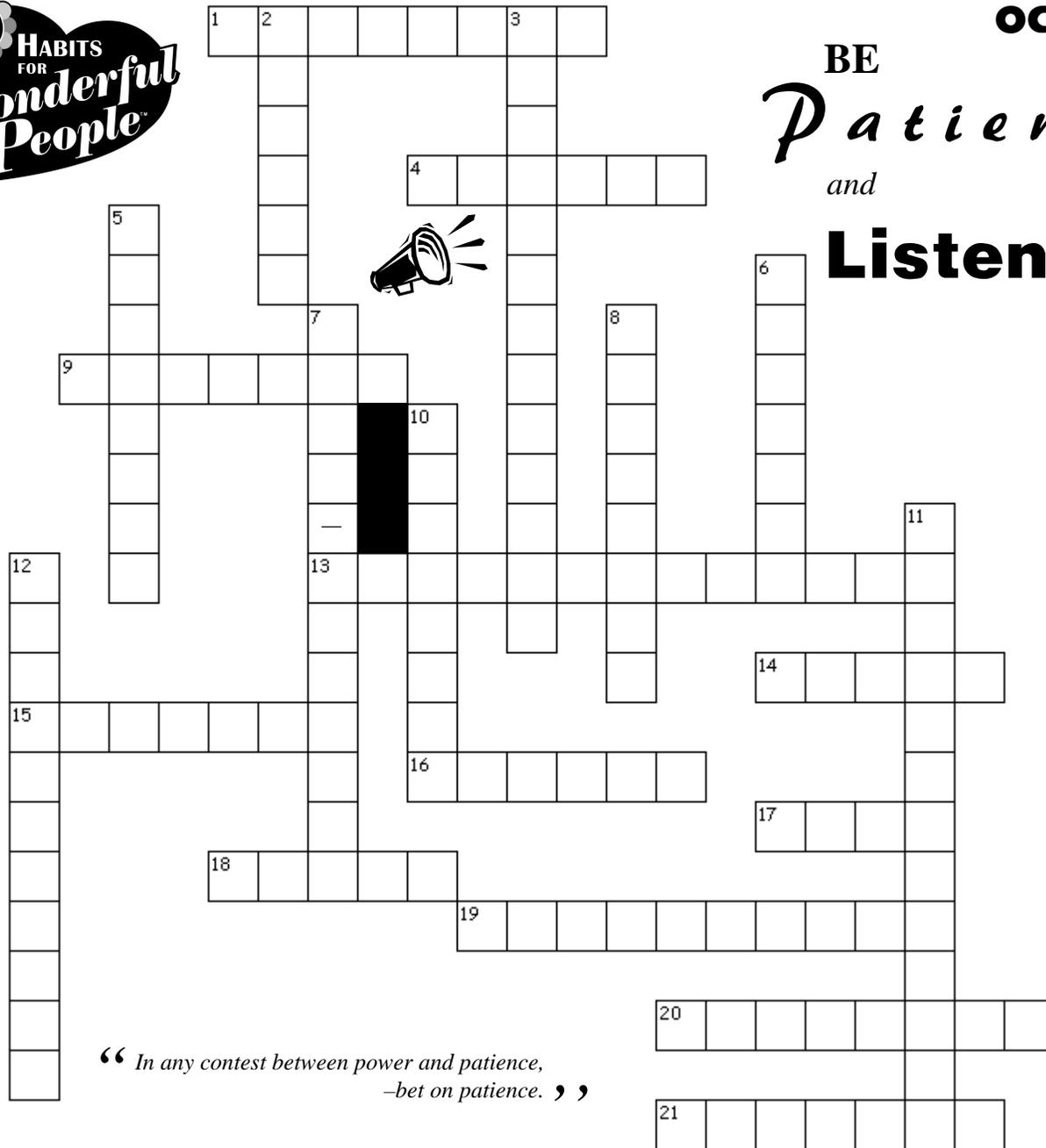
- JAN **Lend a Hand**
- FEB **You Count**
- MAR **Resolve Conflicts**
- APR **Take Care of Our Environment**
- MAY **Be Grateful**
- JUNE **Be Adventurous**
- JULY **Become Involved**
- AUG **Know Who You Are**
- SEPT **Do Your Best**
- OCT **Be Patient and Listen**
- NOV **Show a Positive Attitude**
- DEC **Celebrate Community, Family & Friends**

In *October* and all year round “BE *Patient* and **Listen.**™”



BE
Patient
and
Listen

PUZZLER



Color Cue:
**SLOW-DOWN
LAVENDER**

Health Focus:
SAFETY



“ In any contest between power and patience,
-bet on patience. > > ”

GOOD LUCK ON THIS LITERACY ENRICHMENT • CHARACTER EDUCATION • WORDS-TO-LEARN PUZZLER

ACROSS

- 1 the quality of being free of favoritism or bias; impartial
- 4 feeling and exhibiting concern and empathy for others
- 9 the tenth month
- 13 careful thought; deliberation
- 14 serene; hushed; silent
- 15 not hasty or impulsive
- 16 to pay attention
- 17 to remain or stay in expectation of
- 18 to appreciate others
- 19 opposite of excessive or extreme
- 20 lack of vanity or self-importance
- 21 bravery

DOWN

- 2 to be present
- 3 conduct and attitude considered as befitting participants in sports
- 5 prompt
- 6 favorable regard
- 7 control of one's emotions, desires or actions by one's own will
- 8 well-mannered behavior toward others
- 10 quiet; calm; undisturbed; peaceful
- 11 a disposition to appreciate the feelings and thoughts of others
- 12 to be known as always performing your duty or obligation

For answers see the Answer page at the back of the October Idea Book.

**“BE PATIENT & LISTEN”
REPRODUCIBLE
TEACHER TOOLS**

***Please make copies of
these tools to use in your
classroom this month.***

OCTOBER

Entry Form



Name of Nominee:

School:

Homeroom: Grade: Date:

Habit:

Submitted by:

Describe briefly how this person exhibited this month's Wonderful People Habit in a positive and meaningful way (use back of sheet if needed).

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.....

**CATCHING
A
Wonderful People™
Habit IN ACTION**

Entries may be submitted by teachers, staff, administrators, students or community persons.

FAIRNESS

Having or exhibiting a disposition that is free of favoritism or bias; impartial; Being in accordance with relative merit or significance.



WEEK 1

Being SAFE requires patience and listening skills.

Slow down, become aware. Watch out for others in school hallways. Outside, watch for traffic and pedestrians. When running or walking, be aware of your surroundings and ready to jump to safety if danger threatens.



WEEK 1

PATIENCE

The capability of calmly awaiting
an outcome or a result;
not hasty or impulsive.

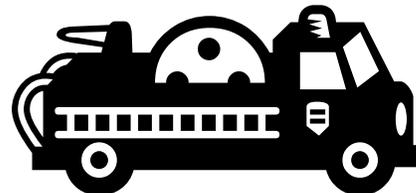


WEEK 2

Practice FIRE SAFETY and PREVENTION.

Ask your family to get involved with you to make your home safer from fires. *Do you have a fire extinguisher? Does everyone know where it is and how to use it? Do you have smoke detectors with fresh batteries?*

Talk with adults who may smoke. *Are they careful with burning cigarettes?*



WEEK 2

PUNCTUALITY

Acting or arriving or accomplishing exactly at the time appointed; prompt.



WEEK 3

For a safe trip to school each day, your school bus driver needs your patience and listening skills. Think about your bus driver as a person who needs your quiet cooperation. and patience. Ensure that your own trip to school is safe by being respectful and caring of everyone.



WEEK 3

RESPECT

A feeling of appreciation, to feel or show deferential regard for; esteem.
To avoid violation of or interference with.



WEEK 4

Take time to focus on your HEALTH EDUCATION. Paying attention to your health takes time and patience. Learn what foods are good for you and take time to eat them. Turn off the TV, hang up the phone and go to bed when it's time to get a good nights sleep. Your health counts and so do you. Listen and learn for a healthy happy life.



WEEK 4

MODERATION

Being within reasonable limits;
not excessive or extreme.



WEEK 5

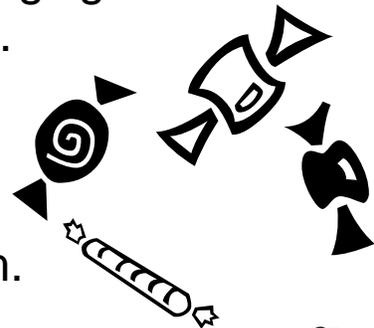
If you participate in Halloween, plan to be safe!

Keep yourself from getting too carried away to forget SAFE behavior. Suggest using lights for Jack-o-lanterns instead of candles.

Choose a costume with bright white, or add reflective tape.

Use make-up instead of a mask.

Check ALL treats before you eat them.



WEEK 5

In October "BE *Patient* and **Listen.**™"



MEMO



12 Habits for WONDERFUL PEOPLE™ • In September DO YOUR BEST Award Gold • In October BE PATIENT AND

RESOLVE CONFLICTS Dove White • In April HONOR OUR ENVIRONMENT Spring Green • In May BE GRATEFUL Grateful Pink • *WonderfulPeople.net WORKS!*

LISTEN Slow-Down Lavender • In November SHOW A POSITIVE ATTITUDE Sunny yellow • In December CELEBRATE COMMUNITY, FAMILY AND FRIENDS

Forever Green • In January LEND A HAND Helping Aqua • In February YOU COUNT WOW! Fuchsia • In March





Teacher Suggestion Form

At our publishing office, YOU COUNT is more than the Wonderful People Habit for February! We welcome and would like to hear your very important suggestions and ideas. Please list them below.

Please list any NEW IDEAS you would like to contribute:

List any suggestions to improve our current ideas:

What do you feel should be changed or removed and why?

STUDENT REWARD CHECKS TEACHER - Photocopy and cut down (4 per page) checks at right and use to reward students for completing Caring Habit Activity Sheets, good behavior, openly practicing a Caring Habit, etc. Fill out check like a real one but they may be "CASHED" for "NO HOMEWORK," extra points on an upcoming test, excused from a class assignment, etc.



YOUR TEACHER

Expires on: _____

Pay to the
Order of _____

Good for: _____



BANK of TRUST

Reason _____



YOUR TEACHER

Expires on: _____

Pay to the
Order of _____

Good for: _____



BANK of TRUST

Reason _____



YOUR TEACHER

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BANK of TRUST

Reason _____



YOUR TEACHER

Expires on: _____

Pay to the
Order of _____

Good for: _____



BANK of TRUST

Reason _____

Your October **Locker Sign**

Write your favorite quote on it. Maybe list your goals for the month. Design it anyway you like. Then clip and post in your locker or any place you'll notice it! Have a great month and always "Be Patient & Listen."



In October and all year round "BE *Patient* and **Listen.**[™]"

OCTOBER Be Patient & Listen[®]

ANSWERS

TEACHER -

You may want to reward student participation by giving points for completed activity pages or write a reward check from the Teacher Tools.



Words-2-Learn Story

listen, consideration, courtesy, responsibility, value others, humility, understanding, wait your turn

Fill in the Blanks caring, patience, wait your turn, sportsmanship, responsibility, understanding, listen, value others.

MATH Stumpers 7,840,195,216 83,611 4½ minutes \$2.69

Dictionary Fun Sports man ship At tend Con si der a tion List en

Alphabetizing Quiz

attend, caring, courtesy, humility, listen, moderation, patience, sportsmanship, understanding

Odd Word Out Exercise selfishness, contempt, discourtesy

Coded Puzzle

Be patient with everyone, but above all with yourself.
It's just as important to listen to someone with your eyes as it is with your ears.
The saints are the sinners who keep on trying.
There is no greater loan than a sympathetic ear.

October Be Patient & Listen Puzzler

Across 1. Fairness, 4. Caring, 9. October, 13. Consideration, 14. Quiet, 15. Patient, 16. Listen, 17. Wait, 18. Value, 19. Moderation, 20. Humility, 21. Courage

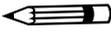
Down 2. Attend, 3. Sportsmanship, 5. Punctual, 6. Respect, 7. Self-Control, 8. Courtesy, 10. Tranquil, 11. Understanding, 12. Responsible

In *October* and all year round “BE *Patient* and **Listen**.™”



DO YOUR BEST

September *Award Gold*

BE PATIENT and LISTEN 

October *Slow-Down Lavender*

SHOW a POSITIVE ATTITUDE

November *Sunny Yellow*

CELEBRATE COMMUNITY, FAMILY and FRIENDS

December *Forever Green*

LEND a HAND

January *Gentle Aqua*

YOU COUNT

February *WOW! Fuchsia*

RESOLVE CONFLICTS

March *Dove White*

TAKE CARE of OUR ENVIRONMENT

April *Spring Green*

BE GRATEFUL

May *Grateful Pink*

There is always one moment in childhood
when the door opens and lets the future in.

Graham Greene

PATIENCE is
the companion of WISDOM.



St. Augustine

There was an educational channel
in the good ol' days; it was called

“ O F F ! ”



INFORMATION about the 12 HABITS FOR WONDERFUL PEOPLE . . .

(For research and other details visit www.WonderfulPeople.net)

The 12 Habits for Wonderful People is an award winning academic improvement and school performance system based on multi-media technologies. Independent 2001-2003 evaluation studies by the University of Pittsburgh Graduate School of Public Health have concluded **“the number of honor role and high honor role students is increasing in Caring Habit Schools while indicators of disciplinary actions are declining.”**

Wonderful youth, staff and families, are surrounded by a positive, monthly routine of multi-media messages that promote successful academics, mutual respect, and character development. 12 Habits for Wonderful People media strategies lighten the teaching load on staff and reduce classroom disruptions. It's predictable routine and monthly focus organizes and increases the effectiveness of other curriculum. Together academics are improved, work force skills are reinforced and disciplinary problems and bullying are reduced.

Materials are available for K-8 and for alternative schools, after-schools, service groups, and the surrounding community. The prepared environment media materials include display items, student items and staff “idea” books, plus materials to involve and include families and communities. The supporting book, *Join The Golden Rule Revolution*, encourages family involvement and is available at amazon.com or local bookstores. If you have an idea to contribute or for more information, please contact Elaine Parke.



in Partnership

with **BOYS & GIRLS CLUB**
OF THE EASTERN PANHANDLE



The 12 HABITS for WONDERFUL PEOPLE™

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Life gets better when we work TOGETHER . . . one month at a time!